The Villas at Wilmot

ASSISTED LIVING & MEMORY CARE NEIGHBORHOOD

Arizona Daily Star READER'S CHOICE WINNER BEST ASSISTED LIVING FACILITY & BEST MEMORY CARE FACILTY

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November 2026

Employee Spotlight of the Month

Ashley Czernics has always wanted to help people and make a positive difference. She has spent nearly 10 years with The Villas, and now for the past year as a caregiver here at Wilmot. She shares that her favorite part of her job is getting to know her residents personally and building real relationships. She works to make each person feel safe, comfortable and respected. Ashley also loves making them laugh, because their happiness matters to her. She is proudest of her positivity and her habit of putting others first.

Ashley grew up in a small family, raised by her father and older sister. Today, her two daughters and son mean the world to her. Away from work, she embraces time outdoors. She enjoys hiking, and spending time in nature with her kids, especially visiting waterfalls. She also likes thrift shopping. Looking ahead, Ashley hopes to keep growing as a mother, advance in her career, and take time to travel.





Finding the Good in All of Life

For Sharon Folks, life's sweetest memories began in Tucson, where she grew up as the oldest of four children. With brothers Hank and Mike and sister Peggy, she often babysat, watching her siblings grow up. She fondly remembers her Tucson-native grandmother and stories of her father's grandparents in Italy. While at Rincon High School, Sharon met her future spouse and enjoyed years she would happily revisit. "I'm happy I grew up where I did, when I did," she reflects.

Inspired most by her parents, Sharon spent more than 30 years managing a health care agency, her favorite job. Her guiding lesson is simple, try to find the good in everyone!

Today, at The Villas, happiness means meeting neighbors, seeing others happy, and enjoying our exercise classes and donut socials. A fan of *The Notebook* movie and Christmas celebrations, Sharon is proudest of discovering what she calls "the real meaning of life."

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 9:00 Morning Greeting **10:00 Manicures in Villa A, B, C & Tampico** 2:00 Memory Cards Game	2 9:00 Morning Greeting 10:00 Tea Party 2:00 Candy Corn Ring Toss	3 9:00 Morning Greeting 10:00 Exercise Class 2:00 Simon Says Game	4 9:00 Morning Greeting 10:00 Jenga **2:00 Rusty Ford Music Performance**	5 9:00 Morning Greeting 10:00 Exercise Class 2:00 Movie & Hot Cocoa	6 9:00 Morning Greeting 10:00 Coffee & Donuts 2:00 Mini Pumpkin Painting	7 9:00 Morning Greeting 10:00 Balloon Toss 2:00 Veterans Day Coloring Activity
DIWALI 8 9:00 Morning Greeting 10:00 Friendship Bracelets 2:00 Pecan Pie Social	9 9:00 Morning Greeting 10:00 Pumpkin Paper Mache 2:00 Paint Your Paper Mache	10 9:00 Morning Greeting 10:00 Exercise Class **2:00 Peter Kron Music Performance**	**VETERANS DAY** 11 9:00 Morning Greeting **10:00 Manicures - D, E, F & G** 2:00 Honoring Our Veterans Social	12 9:00 Morning Greeting 10:00 Exercise Class 2:00 Popsicle Stick Scarecrow Craft	13 9:00 Morning Greeting 10:00 Coffee & Donuts 2:00 Bean Bag Toss	14 9:00 Morning Greeting 10:00 Q-Tip Autumn Tree Painting 2:00 Air Hockey
15 9:00 Morning Greeting **10:00 Manicures in Villa A, B, C & Tampico** 2:00 Scrapbooking	16 9:00 Morning Greeting 10:00 Family Pie Social 2:00 Afternoon Walk	17 9:00 Morning Greeting 10:00 Exercise Class 2:00 Make a Fall Wreath	18 9:00 Morning Greeting 10:00 Birthday Cards **2:00 Rusty Ford Music Performance**	19 9:00 Morning Greeting 10:00 Exercise Class 2:00 Birthday Social	20 9:00 Morning Greeting 10:00 Coffee & Donuts 2:00 Stuffed Scarecrow Craft	21 9:00 Morning Greeting 10:00 Balloon Toss 2:00 Pumpkin Pie Social
22 9:00 Morning Greeting 10:00 Button Cornucopia 2:00 Make Your Own Fall Trail Mix	23 9:00 Morning Greeting 10:00 Turkey Pinecone Craft 2:00 Decorate a Thanksgiving Place Mat	24 9:00 Morning Greeting 10:00 Exercise Class 2:00 Pumpkin Pie Craft	25 9:00 Morning Greeting **10:00 Manicures - D, E, F & G** 2:00 What Are You Thankful For Craft	**THANKSGIVING** 26 9:00 Morning Greeting 10:00 Thanksgiving Coloring 2:00 Thanksgiving Meal & Celebration!	27 9:00 Morning Greeting **10:00 Coffee & Donuts with Me & My Gal Performance** 2:00 Aluminum Foil Fall Painting	28 9:00 Morning Greeting 10:00 Popcorn Necklace 2:00 Memory Cards Game
29 9:00 Morning Greeting **10:00 Manicures in Villa A, B, C & Tampico** 2:00 Monopoly	30 9:00 Morning Greeting 10:00 Big Pants Game! **2:00 Tommy Music Performance**					

Highlights from some of last month's fun!















Celebrating a Birthday!

November 1 - Sally
November 6 - Anthony
November 6 - Gregory
November 7 - Nick
November 8 - Barbara
November 8 - Wendy
November 10 - Sharon
November 12 - Lupe
November 16 - Nada
November 25 - Susan





Welcome To Our New Residents!

Mary
May
Owen
Patricia



A Note to Villas Residents and Families:

If you are looking into Arizona Long Term Care System for you or your loved one, there are resources that can help you with the process. We are available to provide you with those resources should you need them.

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