

The Villas

at Wilmot

ASSISTED LIVING & MEMORY CARE NEIGHBORHOOD



662 South Wilmot Road, Tucson, AZ 85711 | 520-638-5624 | www.villasatwilmot.com



Employee Spotlight of the Month

Josue Peralta has been an admired assistant caregiver here for two years, and it's easy to see why. A Tucson native through and through, Josue was drawn to this work after watching his grandmother navigate dementia, an experience that inspired him to make a difference in the lives of others. Josue brings his contagious energy and laughter to his work. He loves joking with residents, bonding over shared favorite TV shows, and sometimes pulling the occasional lighthearted joke to keep the residents smiling. Josue says every day holds something special.

Josue's personal life blends in with his career because one of his two sisters works at The Villas as well! He appreciates living with his mother and shares that she loves to cook. Josue stays active playing basketball and enjoys weekend hikes and restaurant outings with his sisters. It is easy to see why the residents and his family treasure his funny, caring, and full-of-life approach to each day!



August 2026



Showing Heart for Family And All

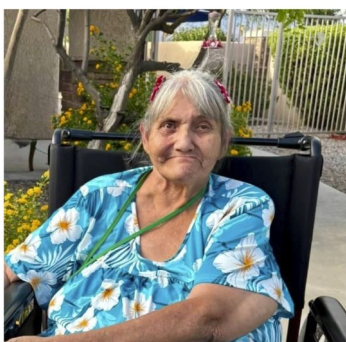
Born in the charming town of Naco, Sonora, Mexico, Teofila Carillo has lived a life full of love, hard work, and devotion to family. She came from a large and lively household, one of eleven children, and carries with her a lifetime of beautiful memories. Teofila's work ethic showed early. She began her career at the Sheraton Hotel and quickly rose to supervisor before discovering her true calling as a caregiver, a role she dedicated an incredible 24 years of her life to.

A movie lover at heart, Teofila is a proud mother of six and she lights up when talking about her children; Uvaldina, Rosalina, Sergio, Maria, Feliciano, and Braulio. Her greatest joy today is when her sons visit her each day, a testament to the close and loving family she built. Here at The Villas, Teofila enjoys crocheting, exercise classes, and chatting with fellow residents during our social events. We are so grateful to have her warm spirit with us every day!

August 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 9:00 Morning Greeting 10:00 Balloon Toss 2:00 Fishing Fun!
2 9:00 Morning Greeting 10:00 Canvas Painting 2:00 Ice Cream Sandwich Social	3 9:00 Morning Greeting 10:00 National Watermelon Day! Let's Make Popsicles! 2:00 Movie & Popcorn	4 9:00 Morning Greeting 10:00 Exercise Class 2:00 Cloud Rainbow Decor	5 9:00 Morning Greeting 10:00 Manicures - D, E, F & G 2:00 Rusty's Music Performance	6 9:00 Morning Greeting 10:00 Exercise Class 2:00 Memory Cards	7 9:00 Morning Greeting 10:00 Coffee & Donuts 2:00 Ping Pong Ball Egg Carton Challenge	8 9:00 Morning Greeting 10:00 Exercise with Alyssa 2:00 Coloring
9 9:00 Morning Greeting 10:00 Manicures in Villa A, B, C & Tampico 2:00 Movie & Popcorn	10 9:00 Morning Greeting 10:00 Water Games! 2:00 BINGO	11 9:00 Morning Greeting 10:00 Exercise Class 12:00 Peter Kron Performance	12 9:00 Morning Greeting 2:00 Block the Ball with a Pool Noodle 2:00 Rock Painting	13 9:00 Morning Greeting 10:00 Exercise Class 2:00 Jenga	14 9:00 Morning Greeting 10:00 Coffee & Donuts 2:00 Mini Golf	15 9:00 Morning Greeting 10:00 Beach Ball Volleyball 2:00 Pool Noodle Ice Cream Stamps
16 9:00 Morning Greeting 10:00 Pom Pom Flower Craft 2:00 Shoot Your Shot and Win a Prize	17 9:00 Morning Greeting 10:00 Air Hockey 2:00 Kentucky Derby Race!	18 9:00 Morning Greeting 10:00 Exercise Class 2:00 Tissue Paper Crafts	19 9:00 Morning Greeting 10:00 Paper Plate Crafts 2:00 Rusty's Music Performance	20 9:00 Morning Greeting 10:00 Exercise Class 2:00 Manicures - D, E, F & G	21 9:00 Morning Greeting 10:00 Coffee & Donuts 2:00 Bean Bag Toss	22 9:00 Morning Greeting 10:00 Exercise with Alyssa 2:00 Rainbow Suncatchers
23 9:00 Morning Greeting 10:00 Manicures A, B, C & Tampico 2:00 Memory Cards	24 9:00 Morning Greeting 10:00 Car Wash 2:00 Newspaper Race	25 9:00 Morning Greeting 10:00 Exercise Class 2:00 Sunny Day Door Decor	26 9:00 Morning Greeting 10:00 Birthday Cards 2:00 BINGO	27 9:00 Morning Greeting 10:00 Exercise Class 2:00 Birthday Party Social	28 9:00 Morning Greeting 10:00 Coffee & Donuts and Me & My Gal 2:00 Bowling	29 9:00 Morning Greeting 10:00 Whack the Ball! 2:00 Movie & Popcorn
30 9:00 Morning Greeting 10:00 Beach Day! 2:00 Mini Golf	31 9:00 Morning Greeting 10:00 Make Your Own Parfait 2:00 High Striker					

**Highlights from some of
last month's fun!**



**Welcome New
Residents!**
Carol * Keiko
Kenneth * Sally
Teofila * William



**A Note to Villas
Residents and
Families:**

*If you are looking into
Arizona Long Term
Care System
for you or your loved
one, there are resources
that can help you with the
process. We are available
to provide you with those
resources should you
need them.*

*Tanisha Sanchez
General Manager
The Villas at Wilmot
520-403-6246*