

The Villas

at Wilmot

ASSISTED LIVING & MEMORY CARE NEIGHBORHOOD



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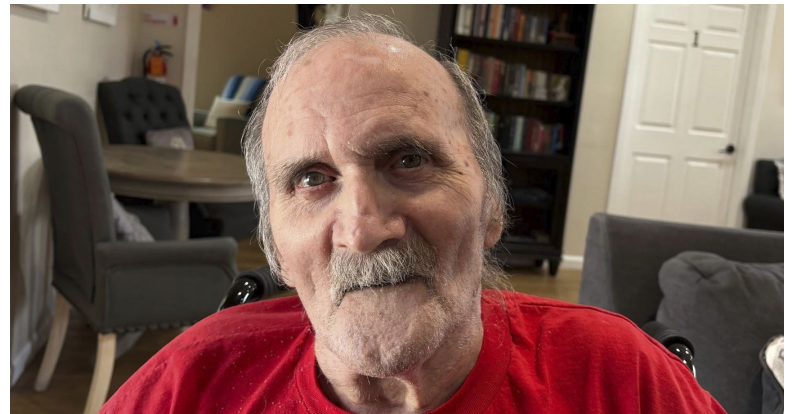
Employee Spotlight of the Month

Growing up in South Tucson, a tight-knit city within a city, Monica Salazar always dreamed of becoming a labor and delivery nurse. Life had other plans. When Monica became pregnant her senior year, she earned her diploma, embraced motherhood, and found a path that would lead her straight to the heart of caregiving. She joined our team in July 2023, and the residents felt her impact immediately. "That means I'm doing something right," Monica says. Her favorite moments on the job are the simple ones, gathering everyone for movie time, letting residents pick the film, and filling the room with their favorite music and a lot of fun. Her message is simple, "I love my residents."

Outside of work, Monica is just as devoted. She's a mother of four, a 16-year-old daughter, a 15-year-old stepson, a 6-year-old son, and a 1-year-old daughter. She loves baking and taking her kids to the park and splash pad. Monica is also always looking ahead. She hopes to become a mobile phlebotomist in a lab or an LPN, and she wants to learn ASL too!



June 2026



Driven by Resilience and Perseverance

Born in Leavenworth, Kansas, Robert Goodpaster grew up with dirt under his fingernails and determination in his bones. He was raised on a farm where mules and horses did the heavy lifting, and he drew inspiration from a local farmer whose quiet ability to "analyze and understand the world" left a lasting mark. At the age of 16, he started knocking on doors in Fort Wayne, Indiana, landing a job at an A&P grocery store. Within months, Robert was managing the produce department.

A natural athlete who made the All-Star team in Pony League baseball, Robert channeled that same competitive drive into everything. He joined the Marine Corps, and it was there he met his future wife, saying "It was love at first sight." Robert is the proud father of daughters Galen and Amanda. He shares that his mother Helen, a gifted singer, taught him the meaning of resilience. Robert carried that lesson far, eventually earning his GED, a college degree, and a spot at the front of a University of Arizona classroom teaching math.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 9:00 Morning Greeting 10:00 Let's Take Pictures! 2:00 Make a Photo Frame for Your Pictures	2 9:00 Morning Greeting 10:00 Exercise Class 2:00 Tommy Music Performance	3 9:00 Morning Greeting 10:00 Q-Tip Painting 2:00 Make Your Own Rocky Road	4 9:00 Morning Greeting 10:00 Exercise Class 2:00 Bowling	5 9:00 Morning Greeting 10:00 Coffee & Donuts 2:00 Memory Cards	6 9:00 Morning Greeting 10:00 Exercise with Alyssa 2:00 Blow Painting
7 9:00 Morning Greeting 10:00 Manicures - A, B & C and Tampico 2:00 Movie & Popcorn	8 9:00 Morning Greeting 10:00 BINGO 2:00 Water Balloon Fight	9 9:00 Morning Greeting 10:00 Exercise Class 2:00 Mini Golf	10 9:00 Morning Greeting 10:00 Manicures - D, E, F & G 2:00 Rusty Music Performance	11 9:00 Morning Greeting 10:00 Exercise Class 2:00 Fishing Fun	12 9:00 Morning Greeting 10:00 Coffee & Donuts 2:00 Summer Coloring Pages	13 9:00 Morning Greeting 10:00 Exercise with Alyssa 2:00 Sand Handprint and Shell Craft
FLAG DAY 14 9:00 Morning Greeting 10:00 Strawberry Shortcake Social! 2:00 Flag Day Craft	15 9:00 Morning Greeting 10:00 Jenga 2:00 Squirt Gun Tie-Dye	16 9:00 Morning Greeting 10:00 Exercise Class 2:00 Memory Cards	17 9:00 Morning Greeting 10:00 Ring Toss 2:00 Rusty Music Performance	18 9:00 Morning Greeting 10:00 Exercise Class 2:00 Father's Day Coloring	JUNETEENTH 19 9:00 Morning Greeting 10:00 Coffee & Donuts 2:00 Basketball	20 9:00 Morning Greeting 10:00 Exercise with Alyssa 2:00 Ice Cream Sundae
FATHER'S DAY 21 9:00 Morning Greeting 10:00 Father's Day Mugs 2:00 Manicures - A, B & C and Tampico	22 9:00 Morning Greeting 10:00 Water Relay Race 2:00 Balloon Tic Tac Toe	23 9:00 Morning Greeting 10:00 Exercise Class 2:00 Birthday Cards	24 9:00 Morning Greeting 10:00 Manicures - D, E, F & G 2:00 Movie & Popcorn	25 9:00 Morning Greeting 10:00 Exercise Class 2:00 Birthday Social	26 9:00 Morning Greeting 10:00 Coffee & Donuts with Me & My Gal 2:00 Beach Ball Volleyball Game	27 9:00 Morning Greeting 10:00 Exercise with Alyssa 2:00 Go Fish Card Game
28 9:00 Morning Greeting 10:00 Balloon Painting 2:00 Monopoly	29 9:00 Morning Greeting 10:00 The Gents Music Performance 2:00 Shoot Your Shot and Win a Prize	30 9:00 Morning Greeting 10:00 Exercise Class 2:00 BINGO				

Highlights from some of last month's fun!



Happy Birthday!

- June 3 - Michele
- June 4 - Carolyn
- June 8 - Dorothea
- June 9 - Dale
- June 18 - James
- June 25 - Thomas
- June 28 - Sallie

Welcome New Residents!

- Janet
- Karen
- Kristi
- Marcy
- Mark
- Richard
- Sandra



A Note to Villas Residents and Families:

If you are looking into Arizona Long Term Care System for you or your loved one, there are resources that can help you with the process. We are available to provide you with those resources should you need them.

*Tanisha Sanchez
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The Villas at Wilmot
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