

The Villas

at Wilmot

ASSISTED LIVING & MEMORY CARE NEIGHBORHOOD



662 South Wilmot Road, Tucson, AZ 85711 | 520-638-5624 | www.villasatwilmot.com



Employee Spotlight of the Month

Throughout her childhood, which included early years enjoying the desert landscapes of Tucson, then a move to the vibrant streets of Santa Ana, Sonora, Gemma Castillo's heart has always been rooted in family and service. After spending her formative years in Mexico, Gemma returned to Tucson with a lifelong dream of helping others, a spark first ignited by watching doctors on TV and a heartfelt promise made to her grandmother to always care for her. Today, Gemma continues that promise as an assistant caregiver at our King Road Villas location, by bringing compassion to our residents. "I love learning from their life experiences and hearing about their families," she says.

When she isn't at work, this hardworking and compassionate team member takes a break and is likely exploring coffee shops, watching horse races, or traveling to visit her mother in Mexico. At home, she stays busy with her older brother and her spirited four-year-old dog. For Gemma, family is everything, and she treats our community like an extension of her own.



April 2026




Living Each Day With Kindness & Joy

Jodie Woodman grew up in Southern California in Huntington Beach, where she fondly says she "lived at the beach." Her childhood was filled with sunshine, family, and plenty of fun with her brother, Kevin. The two spent lots of time together playing board games and tennis. Jodie also remembers starting work at a young age, her first job at just 13, cleaning at a hair salon and she also babysat. As a young woman, Jodie loved going out dancing and was known to be quite a good dancer. She credits her grandmother for teaching her strong values that have guided her throughout life. Jodie says one of the inventions that amazed her most during her lifetime is television.

These days, she enjoys the freedom that comes with retirement and the chance to relax. At The Villas, Jodie loves reading, dancing, listening to music, and treating herself to manicures. Talking with her mom every day brings her great happiness. Her advice to others is simple and heartfelt: "Be kind to people. We all need as much love as we can give."

April 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			ALL FOOLS' DAY 1 9:00 Morning Greeting 10:00 Tie Dye Time 2:00 Tommy Music Performance	2 9:00 Morning Greeting 9:30 Exercise Class 11:00 Easter Social! 2:00 Popsicle Easter Basket Craft	3 9:00 Morning Greeting 10:00 Coffee & Donuts 2:00 Easter Coloring Sheet	4 9:00 Morning Greeting 10:00 Exercise Class - Ball Toss with Alyssa 2:00 Let's Dye Easter Eggs!
EASTER SUNDAY 5 9:00 Morning Greeting 10:00 Fancy Easter Egg Craft 2:00 Easter Egg Hunt!	6 9:00 Morning Greeting 10:00 Rice Krispies Easter Baskets 2:00 BINGO	7 9:00 Morning Greeting 10:00 Exercise Class 2:00 Handprint Chicks Craft	8 9:00 Morning Greeting 10:00 Manicures - D, E, F & G 2:00 Rusty Music Performance	9 9:00 Morning Greeting 10:00 Exercise Class 2:00 Paper Plate Easter Crafts	10 9:00 Morning Greeting 10:00 Coffee & Donuts 2:00 Peter Kron Music Performance	11 9:00 Morning Greeting 10:00 Exercise Class - Soccer with Alyssa 2:00 Make Your Own Chocolate Covered Pretzels
12 9:00 Morning Greeting 10:00 Manicures - A, B & C and Tampico 2:00 Ring Toss	NATIONAL PEACH COBBLER DAY 13 9:00 Morning Greeting 10:00 Bean Bag Toss 2:00 Peach Cobbler Social	14 9:00 Morning Greeting 10:00 Exercise Class 2:00 The A-Mazing Marble Game	15 9:00 Morning Greeting 10:00 Bowling for a Prize! 2:00 Rusty Music Performance	16 9:00 Morning Greeting 10:00 Exercise Class 2:00 Paper Carrots Door Decor	17 9:00 Morning Greeting 10:00 Coffee & Donuts 2:00 Canvas Painting	18 9:00 Morning Greeting 10:00 Exercise Class - Ball Toss with Alyssa 2:00 Memory Card Game
19 9:00 Morning Greeting 10:00 DIY Bird Feeders 2:00 Monopoly Board Game	20 9:00 Morning Greeting 10:00 Picnic!! 2:00 Big Pants Game	21 9:00 Morning Greeting 10:00 Exercise Class 2:00 Manicures - D, E, F & G	EARTH DAY 22 9:00 Morning Greeting 10:00 Birthday Cards 2:00 Earth Day Coloring Sheet	23 9:00 Morning Greeting 10:00 Exercise Class 2:00 Birthday Party Social!	ARBOR DAY 24 9:00 Morning Greeting 10:00 Coffee & Donuts and Me & My Gal Performance 2:00 Gardening	25 9:00 Morning Greeting 10:00 Exercise Class - Soccer with Alyssa 2:00 Movie & Popcorn
26 9:00 Morning Greeting 10:00 Manicures - A, B & C and Tampico 2:00 Make Your Own Pizza Bagel	27 9:00 Morning Greeting 10:00 Nick Music Performance 2:00 BINGO	28 9:00 Morning Greeting 10:00 Exercise Class 2:00 Rhyme, Rhyme, Rhyme, Wrong!	29 9:00 Morning Greeting 10:00 Basketball 2:00 Rock Painting	30 9:00 Morning Greeting 10:00 Exercise Class 2:00 Make Something out of Clay!		

Highlights from some of last month's fun!



Happy Birthday!
 April 2 - Steve
 April 11 - Joseph
 April 11 - Peter R.
 April 12 - Christopher
 April 20 - Peter F.
 April 23 - Kenneth

Welcome New Residents!
 Carolyn - Judith - Robert

A Note to Villas Residents and Families:

If you are looking into Arizona Long Term Care System for you or your loved one, there are resources that can help you with the process. We are available to provide you with those resources should you need them.

*Tanisha Sanchez
 General Manager
 The Villas at Wilmot
 520-403-6246*

