

The Villas

at Wilmot

ASSISTED LIVING & MEMORY CARE NEIGHBORHOOD



662 South Wilmot Road, Tucson, AZ 85711 | 520-638-5624 | www.villasatwilmot.com



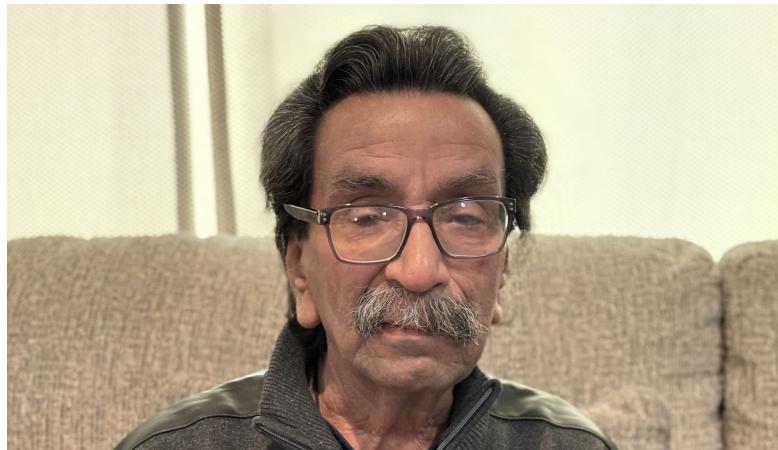
Employee Spotlight of the Month

Nuria Picado is a wonderful example of compassion and dedication at The Villas. A certified caregiver, Nuria first joined The Villas team in 2015. After spending 2 years away, she returned—drawn back by her love for residents and the meaningful relationships. Originally from Nicaragua, Nuria also lived in Mexico before coming to the United States. When she first arrived, she worked in a hotel and once planned to pursue a career in administration. That path changed when she discovered the joy of caregiving and the fulfillment that comes from supporting others. Nuria especially enjoys being part of the residents' morning routines, helping them start their day with care, dignity, and kindness. She values the lessons residents share, including learning new baking tips from one of the residents.

Coming from a large family with five sisters and three brothers, and relatives in Spain and Argentina, Nuria deeply values connection. Outside of work, she enjoys walking and visiting the beach. Nuria sees caregiving as her future and hopes everyone she meets feels the kindness in her heart.



February 2026



Lessons Learned and Memories Cherished

Victor Cortez has deep roots in Tucson, Arizona—he was even born at St. Mary's Hospital. Growing up, Victor spent much of his childhood outdoors, walking around town with friends and playing basketball with his siblings. One of his favorite memories is painting the family basketball hoop together, a simple moment that still brings a smile. He fondly remembers his mother, Emma, who stayed home cooking and caring for the children, and his grandmother Emma, who showered him with love. Victor says he often misses his mother.

Victor's first job was at Dairy Queen, but his favorite work was installing mufflers and doing mechanical jobs on cars, a skill influenced by his younger brother Sergio. Today, Victor is the proud father of four daughters—Monica, Mary Helen, Victoria, and Lydia. At The Villas, Victor enjoys painting, drawing, and arts and crafts, and he appreciates the polite and respectful environment. He believes the most rewarding part of getting older is learning something new every day.

February 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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1	Groundhog Day 9:00 Morning Greeting 10:00 Paper Plate Valentine's Bear 2:00 Let's Make Candy	2	National Carrot Cake Day! 9:00 Morning Greeting 10:00 Wack a Groundhog 2:00 Happy Groundhog Day Coloring Sheet 3:30 Knitting Club - Villa C	3	4	5	6	7
8	9:00 Morning Greeting 10:30 Canvas Painting 2:00 Making Friendship Bracelets	9	10	11	12	13	14	15
15	Presidents Day 9:00 Morning Greeting 10:00 Fishing 2:00 Let's Make Chocolate Covered Strawberries! 3:30 Knitting Club - Villa C	16	Mardi Gras 9:00 Morning Greeting 10:00 Presidential Trivia Game 2:00 Strawberry Shortcake Social 3:30 Knitting Club - Villa C	17	18	19	20	21
22	9:00 Morning Greeting 10:00 Marshmallow Throw Down 2:00 Slime Making	23	24	25	26	27	28	29



Highlights from some of last month's fun!



Happy Birthday!
February 2 - Mariann
February 2 - Paula
February 9 - Dennis
February 14 - Violeta

Welcome New Residents!

Alexis - Joyce - Rene

A Note to Villas Residents and Families:

If you are looking into Arizona Long Term Care System for you or your loved one, there are resources that can help you with the process. We are available to provide you with those resources should you need them.

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The Villas at Wilmot
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