

The Villas

at Wilmot

ASSISTED LIVING & MEMORY CARE NEIGHBORHOOD



662 South Wilmot Road, Tucson, AZ 85711 | 520-638-5624 | www.villasatwilmot.com



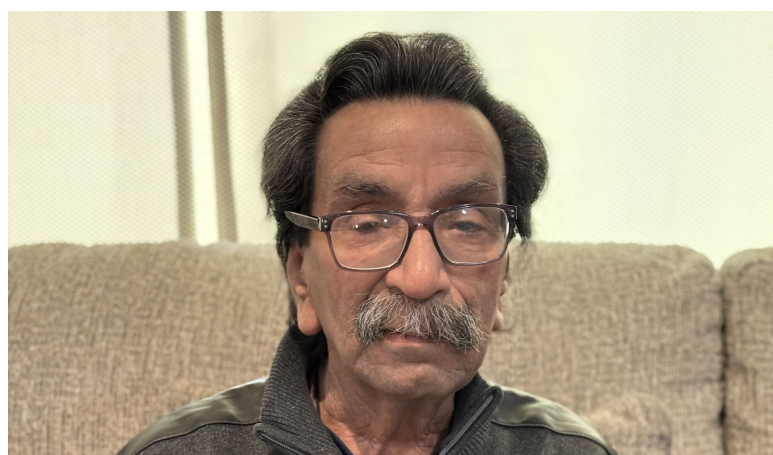
Employee Spotlight of the Month

Nuria Picado is a wonderful example of compassion and dedication at The Villas. A certified caregiver, Nuria first joined The Villas team in 2015. After spending 2 years away, she returned—drawn back by her love for residents and the meaningful relationships. Originally from Nicaragua, Nuria also lived in Mexico before coming to the United States. When she first arrived, she worked in a hotel and once planned to pursue a career in administration. That path changed when she discovered the joy of caregiving and the fulfillment that comes from supporting others. Nuria especially enjoys being part of the residents' morning routines, helping them start their day with care, dignity, and kindness. She values the lessons residents share, including learning new baking tips from one of the residents.

Coming from a large family with five sisters and three brothers, and relatives in Spain and Argentina, Nuria deeply values connection. Outside of work, she enjoys walking and visiting the beach. Nuria sees caregiving as her future and hopes everyone she meets feels the kindness in her heart.



February 2026










Lessons Learned and Memories Cherished

Victor Cortez has deep roots in Tucson, Arizona—he was even born at St. Mary's Hospital. Growing up, Victor spent much of his childhood outdoors, walking around town with friends and playing basketball with his siblings. One of his favorite memories is painting the family basketball hoop together, a simple moment that still brings a smile. He fondly remembers his mother, Emma, who stayed home cooking and caring for the children, and his grandmother Emma, who showered him with love. Victor says he often misses his mother.

Victor's first job was at Dairy Queen, but his favorite work was installing mufflers and doing mechanical jobs on cars, a skill influenced by his younger brother Sergio. Today, Victor is the proud father of four daughters—Monica, Mary Helen, Victoria, and Lydia. At The Villas, Victor enjoys painting, drawing, and arts and crafts, and he appreciates the polite and respectful environment. He believes the most rewarding part of getting older is learning something new every day.

February 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 9:00 Morning Greeting 10:00 Paper Plate Valentine's Bear 2:00 Let's Make Candy	2 Groundhog Day 9:00 Morning Greeting 10:00 Wack a Groundhog 2:00 Happy Groundhog Day Coloring Sheet 3:30 Knitting Club - Villa C	3 National Carrot Cake Day! 9:00 Morning Greeting 10:00 Morning Exercise Class with Brook 2:00 Carrot Cake Social	4 9:00 Morning Greeting 10:00 Basketball - Make it in to Win a Prize! 2:00 Joe Bucci Performance	5 9:00 Morning Greeting 10:00 Chair Exercises with Brook 2:00 Beaded Heart Wands	6 9:00 Morning Greeting 10:00 Coffee & Donuts 2:00 Heart Tree Craft	7 9:00 Morning Greeting 10:00 Manicures - Tampico, A, B & C 2:00 Tissue Paper Flowers
8 9:00 Morning Greeting 10:30 Canvas Painting 2:00 Making Friendship Bracelets	9 9:00 Morning Greeting 10:00 Color Your BINGO Cards 2:00 Valentine's BINGO (Bring your colored cards) 3:30 Game Night!	10 9:00 Morning Greeting 10:00 Chair Exercises with Brook 2:00 Music with Peter Kron	11 9:00 Morning Greeting 10:00 Valentine's Day Suncatchers 2:00 Valentine Sugar Cookie Decorating	12 9:00 Morning Greeting 10:00 Exercise Class with Brook 2:00 Valentine's Day Cards	13 9:00 Morning Greeting 10:00 Coffee & Donuts 2:00 Valentine's Social	14 Valentine's Day 9:00 Morning Greeting 10:00 Valentine's Box Craft 2:00 Candy Grams
15 9:00 Morning Greeting 10:00 Fishing 2:00 Let's Make Chocolate Covered Strawberries!	16 Presidents Day 9:00 Morning Greeting 10:00 Presidential Trivia Game 2:00 Strawberry Shortcake Social 3:30 Knitting Club - Villa C	17 Mardi Gras 9:00 Morning Greeting 10:00 Exercise Class with Brook 2:00 Make a Mardi Gras Mask	18 9:00 Morning Greeting 10:00 Paper Mache Craft 2:00 Making Large Candy Hearts	19 9:00 Morning Greeting 10:00 Chair Exercises with Brook 2:00 Giant Hershey Kiss Craft	20 9:00 Morning Greeting 10:00 Coffee & Donuts 2:00 Scrapbooking	21 9:00 Morning Greeting 10:00 Manicures - D, E, F & G 2:00 Paint & Decorate a Bird House
22 9:00 Morning Greeting 10:00 Marshmallow Throw Down 2:00 Slime Making	23 9:00 Morning Greeting 10:00 Salt Clay Creation 2:00 Paint Your Salt Clay Art 3:30 Game Night!	24 9:00 Morning Greeting 10:00 Chair Exercises with Brook 2:00 Tommy Music Performance	25 9:00 Morning Greeting 10:00 Bowling for Prizes 2:00 Walk Around the Block	26 9:00 Morning Greeting 10:00 Exercise Class with Brook 2:00 Birthday Cards	27 9:00 Morning Greeting 10:00 Coffee & Donuts with Me & My Gal Performance 2:00 Birthday Social	28 9:00 Morning Greeting 10:00 Heart Shaped Pizza Craft 2:00 BINGO
						

**Highlights from some
of last month's fun!**



Happy Birthday!

February 2 - Mariann
February 2 - Paula
February 9 - Dennis
February 14 - Violeta

Welcome New Residents!

Alexis - Joyce - Rene

**A Note to Villas Residents
and Families:**

*If you are looking into Arizona
Long Term Care System
for you or your loved one, there
are resources that can help you
with the process. We are
available to provide you with
those resources should you need
them.*

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