

The Villas

at Wilmot

ASSISTED LIVING & MEMORY CARE NEIGHBORHOOD



662 South Wilmot Road, Tucson, AZ 85711 | 520-638-5624 | www.villasatwilmot.com



Employee Spotlight of the Month

This month we highlight certified caregiver, Deanna Acosta, who was born and raised in Tucson. Deanna's passion for caregiving was inspired by her grandmother, who lived with dementia. That experience sparked her dedication to helping others and has guided her career ever since. Deanna shares that what she loves most about her role is working hands-on with residents and getting to know them on a daily basis. Some of her favorite moments have been celebrating residents' birthdays and seeing the joy on their faces. Whether it's playing games, watching movies, or listening to the many stories residents share, Deanna treasures each interaction.

Family is an important part of Deanna's life. She recently married and is the proud mother of three grown sons. In her free time, she enjoys going to church and spending quality time with her big family. Looking ahead, she dreams of one day opening her own care home. Those who know Deanna describe her as outgoing, patient, loving, and selfless—and we couldn't agree more!



October 2025



An Explorer and A Guide for Others

Resident Holly Lubahn grew up in New York, where she fondly remembers spending time swimming or exploring the nearby forest with her siblings; Ferne, Chris, and Doug. She was raised by her adoptive parents, Jack and Harriet, who gave her a loving home. Holly built a career as a social worker and counselor, a role she is especially proud of. She has 3 children, each unique and special in her life, though she carries the memory of one who sadly passed away at the age of 16. Looking back, she says the most important lessons she has learned are to be patient, understanding, and always helpful. When asked what invention amazed her most, Holly quickly named the telephone.

Today, Holly finds happiness in the simple joys—dogs, spending time with her friends at The Villas, and being part of a caring community. She enjoys playing BINGO, taking walks around the block, and celebrating holidays, especially Christmas. She says her best day is always her birthday, and she is especially thankful for the kindness of the owners, staff, and her fellow residents at The Villas.

October 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 HELLO OCTOBER			1 9:00 Morning Greeting 10:00 Halloween Wreaths 2:00 Coloring Time	2 9:00 Morning Greeting 10:00 Morning Exercise Class 11:00 Hydration Station 2:00 Saiyeeda Music	3 9:00 Morning Greeting 10:00 Coffee & Donuts 2:00 Ghost Lollipops	4 9:00 Morning Greeting 10:00 Ball Toss 2:00 Caramel Apple with Toppings Social
5 9:00 Morning Greeting 10:00 Church Service or News on TV 2:00 Beetlejuice Movie	6 9:00 Morning Greeting 10:00 Charades 2:00 Movie Time 3:00 Outdoor Sightseeing with Snack	7 9:00 Morning Greeting 10:00 Morning Exercise Class 2:00 Wooden Halloween Craft	8 9:00 Morning Greeting 10:00 Ghost Crafts 2:00 Rusty Ford Performance 3:30 Manicures (A)	9 9:00 Morning Greeting 10:00 Morning Exercise Class 2:00 Halloween Coloring Pages	10 9:00 Morning Greeting 10:00 Coffee & Donuts 2:00 Rock Painting	11 9:00 Morning Greeting 10:00 Manicures (G) 2:00 Reese's Bat Dessert 2:30 Tampico
12 9:00 Morning Greeting 10:00 Music and Coffee 2:00 Spirit Week Prep!!!	Columbus Day and Pajama Day 13 9:00 Morning Greeting 10:00 Coloring Time 2:00 Word Searches	Twinsie Day 14 9:00 Morning Greeting 10:00 Morning Exercise Class 11:00 Hydration Station 2:00 Music with Peter	Thrillers Day 15 9:00 Morning Greeting 10:00 Pumpkin Carving & Painting 2:00 Manicures and I-on-1 (B)	Mix and Match Day 16 9:00 Morning Greeting 10:00 Morning Exercise Class 2:00 Magnet Crafts	Fright Night 1-on-1 (D) 17 9:00 Morning Greeting 10:00 Coffee & Donuts 2:00 Pumpkin Craft	18 9:00 Morning Greeting 10:00 Cookie Decorating 2:00 BINGO 3:30 Manicures (G)
19 9:00 Morning Greeting 10:00 Coloring Time 2:00 Halloweentown Movie and Popcorn	20 9:00 Morning Greeting 10:00 Word Search 2:00 Music and Word Scrambles	21 9:00 Morning Greeting 10:00 Morning Exercise Class 2:00 Tie Dye Halloween Shirts	22 9:00 Morning Greeting 10:00 Halloween Birthday Cards 2:00 Rusty Ford Performance	23 9:00 Morning Greeting 10:00 Morning Exercise Class 2:00 Birthday Social 3:00 Manicures (F)	24 9:00 Morning Greeting 10:00 Coffee & Donuts with Me & My Gal 2:00 BINGO	25 9:00 Morning Greeting 2:00 Marshmallow Ghosts
26 9:00 Morning Greeting 10:00 Go Fish! and Card Games 2:00 Hocus Pocus Movie	27 9:00 Morning Greeting 10:00 Halloween Trivia 2:00 Ghost Coloring Cutouts Craft	28 9:00 Morning Greeting 10:00 Morning Exercise Class 2:00 Halloween BINGO	29 9:00 Morning Greeting 10:00 Party Decorating 2:00 Halloween Party! (C)	30 9:00 Morning Greeting 10:00 Morning Exercise Class 2:00 Movies and Popcorn	31 9:00 Morning Greeting 10:00 Coffee & Donuts 2:00 Manicures and 1-on-1 (E)	

**Highlights from some
of last month's fun!**



October 4 - Bernard
October 4 - Francisca
October 10 - Keith
October 13 - Jack
October 19 - Donna G
October 21 - Roscoe
October 23 - Donna T
October 24 - Alfonso
October 25 - Eleanor
October 30 - Jean
October 31 - Susan

**Welcome to Our
New Residents!**

Barbara
Donna
Jonnie
Joy
Kathrine
Patricia
Roy

