

The Villas

at Wilmot

ASSISTED LIVING & MEMORY CARE NEIGHBORHOOD



662 South Wilmot Road, Tucson, AZ 85711 | 520-638-5624 | www.villasatwilmot.com



Employee Spotlight of the Month

Alessandra Marquez has a heart for helping others and shines every day at The Villas. Born and raised in Tucson, Arizona, Alessandra has always loved caring for people and making them happy. Growing up, she dreamed of becoming a nurse—a goal she is still working toward today. Alessandra says every day is special when she is with the residents, especially when they are playing BINGO and during craft activities. She takes pride in making sure each person is cared for and she enjoys joining in the fun right alongside of them.

Outside of work, Alessandra loves spending time with her family, especially with her mother and brother. She loves painting and sneaking in a good nap. In the future, Alessandra hopes to work as a nurse in a hospital, and she always wants to be known as someone you can count on to be there when in need.



September 2025






Appreciating All Things Along the Way

Villas resident Donna Pickering says that her life has been filled with family, kindness, and treasured memories. Donna grew up in Iowa, enjoying a happy childhood playing with neighbors and friends. She's always been amazed by computers and has loved every Disney movie ever made. Her career included time at Prudential Insurance Corp., but one of her fondest personal stories is meeting her husband while he was working at Safeway—where he famously locked himself in the freezer! Donna's family roots trace back to Norway through her grandparents, and she's proud of her children, especially a son who earned a football scholarship. The best day of Donna's life was the day she welcomed her first baby. She's most proud of keeping a promise to her mother to return to college.

Now having time to reflect, Donna says that getting older can bring new adventures though it "isn't for the weak." She believes the most important lesson in life is to be kind and patient—especially to the elderly. Family brings her the most happiness, and she says the people and activities at The Villas make life here truly special.

September 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	LABOR DAY 1 9:00 Morning Greeting 10:00 Coloring Time 2:00 Card Games 3:00 Watermelon in Your Villa	2 9:00 Morning Greeting 10:00 Morning Exercise Class 2:00 Piñata Tissue Paper Craft	3 9:00 Morning Greeting 10:00 Ball Toss 11:00 Hydration Station 2:00 Rusty Music Performance 3:00 1-on-1 Time	4 9:00 Morning Greeting 10:00 Morning Exercise Class 2:00 Manicures & Music (C)	5 9:00 Morning Greeting 10:00 Coffee & Donuts with Me & My Gal 2:00 Make a Pie Day Social	6 9:00 Morning Greeting 10:00 Friendship Bracelets 2:00 BINGO 3:30 Manicures - Tampico
GRANDPARENTS DAY 7 9:00 Morning Greeting 10:00 Church Service on TV 2:00 Music and Snacks	8 9:00 Morning Greeting 10:00 Charades 2:00 Checkers 3:00 Poetry Reading	9 9:00 Morning Greeting 10:00 Morning Exercise Class 2:00 Peter Music Performance 3:30 Manicures (A)	10 9:00 Morning Greeting 10:00 Coloring with Cookies 2:00 Karaoke & Ice Cream Social	11 9:00 Morning Greeting 10:00 Morning Exercise Class 2:00 9/11 Remembrance Activity 3:00 Manicures (D)	12 9:00 Morning Greeting 10:00 Coffee & Donuts with Me & My Gal 2:00 Milkshakes Social	13 9:00 Morning Greeting 10:00 Ball Toss 2:00 Cheese & Crackers and Fruit Social 3:00 Coloring Time
14 9:00 Morning Greeting 10:00 Morning Coffee & Newspaper 2:00 Movie & Popcorn	15 9:00 Morning Greeting 10:00 Hangman Game 2:00 '80s Music 3:00 Board Games	16 9:00 Morning Greeting 10:00 Morning Exercise Class 2:00 Make a Party Hat	17 9:00 Morning Greeting 10:00 Jenga & Board Games 2:00 Rusty Music Performance	18 9:00 Morning Greeting 10:00 Morning Exercise Class 2:00 Tie Dye Activity 3:30 Manicures (G)	19 9:00 Morning Greeting 10:00 Coffee & Donuts with Me & My Gal 2:00 Rock Painting 3:30 Manicures (B)	20 9:00 Morning Greeting 10:00 Fall Crafts 2:00 Guacamole Social 3:30 Dance Off
21 9:00 Morning Greeting 10:00 Coping Strategies Worksheet 2:00 Matching Card Games	ROSH HASHANAH 22 9:00 Morning Greeting 10:00 Jenga 2:00 Hot Potato 3:00 Outdoor Sight Seeing	23 9:00 Morning Greeting 10:00 Morning Exercise Class 2:00 Coasters 3:00 Manicures (E)	24 9:00 Morning Greeting 10:00 Birthday Cards 2:00 UNO, Goldfish Card Games	25 9:00 Morning Greeting 10:00 Morning Exercise Class 2:00 Pumpkin Wood Painting	26 9:00 Morning Greeting 10:00 Coffee & Donuts with Me & My Gal 2:00 Veggies with Dip & Chips Social	27 9:00 Morning Greeting 2:00 BINGO 3:30 Movie & Popcorn
28 9:00 Morning Greeting 10:00 Scrabble 2:00 Ball Toss 3:00 Snack Tray	29 9:00 Morning Greeting 10:00 Trivia Time 2:00 Would You Rather? Questions	30 9:00 Morning Greeting 10:00 Morning Exercise Class 2:00 Birthday Cake Social 3:00 Manicures (F)				HAPPY GRANDPARENTS DAY

**Highlights from some
of last month's fun!**



September 2 - Katherine
September 2 - Kathleen
September 9 - Carol
September 12 - Marie
September 15 - Mary
September 19 - Carla
September 20 - Ernesto
September 22 - Mary
September 23 - Bruce
September 23 - Robert
September 25 - James

**Welcome to Our
New Residents!**

Ann
Dennis
Donna
Katherine
Robert
Roy

