

The Villas at Wilmot

ASSISTED LIVING & MEMORY CARE NEIGHBORHOOD



662 South Wilmot Road, Tucson, AZ 85711 | 520-638-5624 | www.villasatwilmot.com



Employee Spotlight of the Month

Certified Caregiver Martina Velazques has been a dedicated member of The Villas team for the past year and a half. Originally from Nogales, Arizona, Martina was drawn to caregiving from a young age, always feeling a natural desire to help those in need. Her experience caring for her mother-in-law and other loved ones further inspired her to pursue this meaningful career. Growing up, Martina dreamed of becoming a nurse, and today she finds fulfillment working hands-on with residents. "I like everything that I do," she says, especially when residents share cherished memories from their youth. She finds special joy in hearing their stories about growing up and their teenage years.

Outside of work, time is all about family. Martina enjoys spending quality time with her children and grandchildren, as well as going out with her sisters. Her kindness, empathy, and love for others shine through in all she does—making her a valued part of The Villas family.



August 2025








Always Inspired by Family & Friends

Say hello to Josephine Parisi, a cherished resident here at The Villas! Born and raised in Chicago, Josephine fondly recalls enjoying pizza nights and family parties with her parents, Frieda and Sam. Her parents owned a gas station with extended family, and her mom also worked as a nurse, setting an early example of care and dedication. Later, Josephine met her husband Joseph, and just a year later, they had a beautiful wedding. Together, they raised four children—one daughter and three sons—who she says were the greatest blessings of her life.

These days, Josephine finds joy in relaxing with friends, chatting during activities, and enjoying time with the caring staff at The Villas. She believes the most rewarding part of aging is having time to reflect and connect. "Family and friends are the most important things in life," she shares. "Keep them as close as possible, for as long as possible." Her warm spirit and love for others make her a beloved member of our community. We're lucky to have Josephine's kindness and laughter brighten our days.

August 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <div>3</div> <div>9:00 Morning Coffee 10:00 Church Service or Game Shows 2:00 '80s Music Medley</div>	 <div>4</div> <div>9:00 Morning Greeting 10:00 Charades 2:00 Checkers 3:00 Snack Cart</div>	 <div>5</div> <div>9:00 Morning Greeting 10:00 Exercise Class 2:00 Friendship Bracelets</div>	 <div>6</div> <div>9:00 Morning Greeting 10:00 Ball Toss 11:00 Hydration Station 2:00 Rusty Music Performance</div>	 <div>7</div> <div>9:00 Morning Greeting 10:00 Exercise Class 2:00 Rock Painting</div>	<div>1</div> <div>9:00 Morning Greeting 10:00 Coffee & Donuts 2:00 Coloring Time 3:00 Manicures</div>	<div>2</div> <div>9:00 Morning Greeting 10:00 Coloring Time 2:00 Ice Cream Sandwich Social 3:30 Manicures (G)</div>
<div>10</div> <div>9:00 Morning Coffee 10:00 Church Service on TV 2:00 Musicals</div>	<div>11</div> <div>9:00 Morning Greeting 10:00 Coloring Time 2:00 Construction Paper Craft</div>	<div>12</div> <div>9:00 Morning Greeting 10:00 Exercise Class 11:00 Hydration Station 2:00 Peter Music Performance</div>	<div>13</div> <div>9:00 Morning Greeting 10:00 Crafts 2:00 Rusty Music Performance 3:30 Manicures (E)</div>	<div>14</div> <div>9:00 Morning Greeting 10:00 Exercise Class 2:00 S'mores Pie</div>	<div>15</div> <div>9:00 Morning Greeting 10:00 Coffee & Donuts 2:00 Manicures (A)</div>	<div>16</div> <div>9:00 Morning Greeting 10:00 Sunflower Wreaths 2:00 Movie & Popcorn</div>
<div>17</div> <div>9:00 Morning Coffee 10:00 Game Shows on TV 2:00 Coloring Time</div>	<div>18</div> <div>9:00 Morning Greeting 10:00 Volleyball 11:00 Hydration Station 2:00 Ball Toss</div>	<div>19</div> <div>9:00 Morning Greeting 10:00 Exercise Class 2:00 Tie Dye Time 3:00 Manicures (D)</div>	<div>20</div> <div>9:00 Morning Greeting 2:00 Pizza Party 3:00 Manicures (C)</div>	<div>21</div> <div>9:00 Morning Greeting 10:00 Exercise Class 2:00 Painting Time 3:30 Manicures (F)</div>	<div>22</div> <div>9:00 Morning Greeting 10:00 Coffee & Donuts with Me & My Gal 2:00 Arts Cut Out</div>	<div>23</div> <div>9:00 Morning Greeting 10:00 Magnets Craft 2:00 Manicures (B)</div>
<div>24</div> <div>9:00 Morning Coffee 10:00 Church Service on TV 2:00 Board Games</div>	<div>25</div> <div>9:00 Morning Greeting 10:00 Q-Tip Art 2:00 UNO 3:30 Painting Time</div>	<div>26</div> <div>9:00 Morning Greeting 10:00 Exercise Class 2:00 Jenga & Heads Up</div>	<div>27</div> <div>9:00 Morning Greeting 10:00 Birthday Cards 2:00 Birthday Cake Social</div>	<div>28</div> <div>9:00 Morning Greeting 10:00 Exercise Class 2:00 Rock Painting</div>	<div>29</div> <div>9:00 Morning Greeting 10:00 Coffee & Donuts 2:00 BINGO</div>	<div>30</div> <div>9:00 Morning Greeting 10:00 Jewel Sun Catchers 2:00 DIY Bread Chain</div>
<div>31</div> <div>9:00 Morning Coffee 10:00 Game Shows 2:00 Jenga</div>						

**Highlights from some of
last month's fun!**



**Celebrating an
August Birthday!**

August 2 - June
August 17 - Marjorie
August 18 - Ellar
August 19 - Donna
August 24 - Paulette
August 28 - Mary Lou
August 28 - Robert
August 31 - Charles



**Welcome to Our
New Residents!**

Bryce
Canute
Charles
Easter
Prudennis
Robert

