

The Villas

at Wilmot

ASSISTED LIVING & MEMORY CARE NEIGHBORHOOD



662 South Wilmot Road, Tucson, AZ 85711 | 520-638-5624 | www.villasatwilmot.com



Employee Spotlight of the Month

Luz Rios has been part of The Villas family for just three months, and her passion for caregiving shines every day. Growing up in Chihuahua, Mexico, Luz always dreamed of becoming a nurse. After caring for a couple for many years, she fell in love with this field and knew she had found her true calling. Luz finds great joy in knowing she's providing the best care possible to our residents—making sure they receive their medications, feel better, and are comforted every day. "Every day is a special moment," Luz says, "knowing they feel pleased and cared for." One of her favorite moments is sharing ice cream with the residents, a treat they all enjoy together.

Outside of work, Luz stays busy with her family, which includes one daughter, two sons, and thirteen grandchildren. In her free time, she enjoys salsa dancing, crocheting, and fishing. Looking ahead, Luz sees herself continuing her work in this field, bringing comfort and joy to those she cares for. We're grateful for Luz's warm heart and dedication here at The Villas!





July 2025



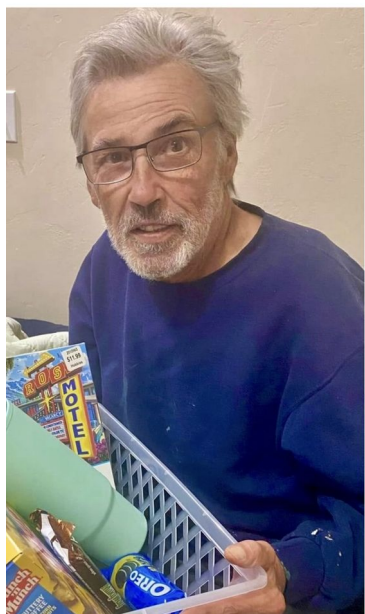
Appreciating the Simple Things Over Time

Meet Carol Hale, one of our wonderful residents at The Villas. Carol grew up in Georgia. One of her favorite movies growing up was *The Wizard of Oz*, and her very first job was babysitting. Carol lovingly remembers her mother, Evelyn, who was known as "Oma" in the family. When asked about growing older, Carol says she enjoys not having to care as much and appreciates the simplicity that comes with age. The life lessons Carol holds closest are about kindness and being there for others — advice she shares often.

Carol is most proud of her son and she feels thankful every day just to be alive. At The Villas, Carol's favorite activities are playing bingo, and joining in the fun during birthday and holiday celebrations. We are so grateful to have Carol's warm heart and positive spirit as part of our community!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 9:00 Morning Greeting 10:00 Chair Exercises 2:00 Ring Toss 3:30 Ice Cream Craft	2 9:00 Morning Greeting 10:00 Sugar Cookies Social 2:00 Salt Painted Fireworks	3 9:00 Morning Greeting 10:00 Chair Exercises 2:00 Joe Bucci Music 3:30 Manicures (A)	Independence Day 4 9:00 Morning Greeting 10:00 Me & My Gal with Coffee & Donuts 2:00 Pictionary 3:30 1-on-1 at Tampico	5 9:00 Morning Greeting 10:00 Cards 2:00 4th of July Coloring 4:00 Sparklers Social
6 9:00 Morning Greeting 10:00 Church Service on TV 2:00 '80s Music Medley	7 9:00 Morning Greeting 10:00 Charades 12:00 Snack Station 2:00 '80s Music	8 9:00 Morning Greeting 10:00 Chair Exercises 2:00 Performance by Peter	9 9:00 Morning Greeting 10:00 Rock Painting 2:00 Coke-a-Cola Social with Chips 3:30 Manicures (B)	10 9:00 Morning Greeting 10:00 Chair Exercises 2:00 Bean Craft	11 9:00 Morning Greeting 10:00 Me & My Gal with Coffee & Donuts 2:00 Toilet Paper Rolls Turned into Pops	12 9:00 Morning Greeting 10:00 Walk Around the Block 2:00 Tie Dye Time 3:30 1-on-1 (G)
13 9:00 Morning Greeting 10:00 Charades 2:00 Coloring Time	14 9:00 Morning Greeting 10:00 Go Fish! 2:00 Ball Toss 3:00 Hydration & Snacks	15 9:00 Morning Greeting 10:00 Chair Exercises 2:00 Matching Cards Game	16 9:00 Morning Greeting 10:00 Tunes with Tommy 2:00 Ice Cream Sundae Social 3:30 Manicures (C)	17 9:00 Morning Greeting 10:00 Chair Exercises 2:00 Disney DIY Ears	18 9:00 Morning Greeting 10:00 Me & My Gal with Coffee & Donuts 2:00 Forks Art into Fireworks	19 9:00 Morning Greeting 2:00 BINGO
20 9:00 Morning Greeting 10:00 Church Service on TV 2:00 Go Fish! 4:00 Afternoon Stroll	21 9:00 Morning Greeting 10:00 Chess 2:00 Rock Painting	22 9:00 Morning Greeting 10:00 Chair Exercises 11:00 Hydration Station 2:00 Flip Cup Fun 3:30 Ball Toss	23 9:00 Morning Greeting 10:00 Walk Around the Block 2:00 Rusty Music Performance 3:30 Manicures (D)	24 9:00 Morning Greeting 10:00 Chair Exercises 2:00 Painting 3:30 Manicures	25 9:00 Morning Greeting 10:00 Me & My Gal with Coffee & Donuts 2:00 Coloring Time	26 9:00 Morning Greeting 10:00 Coloring Time 2:00 Candy Social
27 9:00 Morning Greeting 10:00 UNO 2:00 '70s Music Celebration 3:00 Snacks	28 9:00 Morning Greeting 10:00 Coloring Time 12:00 Snack Break 2:00 Word Search	29 9:00 Morning Greeting 10:00 Chair Exercises 2:00 Cheese & Crackers Social	30 9:00 Morning Greeting 10:00 Birthday Cards 2:00 Rusty Music Performance 3:30 BINGO	31 9:00 Morning Greeting 10:00 Chair Exercises 2:00 Birthday Celebration		

**Highlights from some of
last month's fun!**



**Celebrating A
July Birthday!**
July 12 - Barbara
July 15 - Josephine
July 17 - Martha
July 24 - Juan
July 26 - Jerry
July 26 - Kristofer
July 27 - Richard
July 27 - George



**Welcome to Our
New Residents!**

Dale
Diane
Ingrid
Lance
Mario-King
Martha
Ruby

