

The Villas

at Wilmot

ASSISTED LIVING & MEMORY CARE NEIGHBORHOOD



662 South Wilmot Road, Tucson, AZ 85711 | 520-638-5624 | www.villasatwilmot.com



Employee Spotlight of the Month

Certified caregiver Alyssa Flores grew up in Tucson alongside her beloved grandmother and says she has always felt a natural connection with older folks. Inspired by her mother who was also a caregiver, Alyssa often tagged along to work, watching firsthand the love and care that went into helping others. It didn't take long for her to know that caregiving was her calling. For Alyssa, being a caregiver is so much more than just a job — it's about building meaningful connections. She says her residents feel like family, and every day brings special moments, whether they're baking together, styling hair, solving puzzles, or simply sharing stories from the past. The joy and wisdom her residents share make each day a little brighter.

When she's not spreading kindness at work, Alyssa is just as dedicated to her future. She's currently studying for her Bachelor of Science in Nursing at the University of Arizona, all while being a proud sister to seven siblings — a role she absolutely loves! In her downtime, you'll likely find her hiking or hitting the gym, especially when her best friend, whom she calls "the best!", is along for the adventure.







May 2025



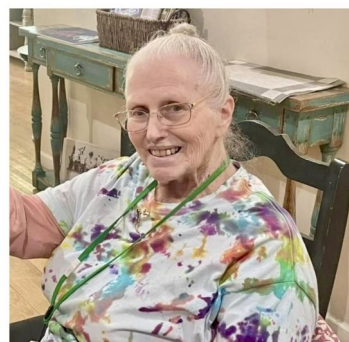
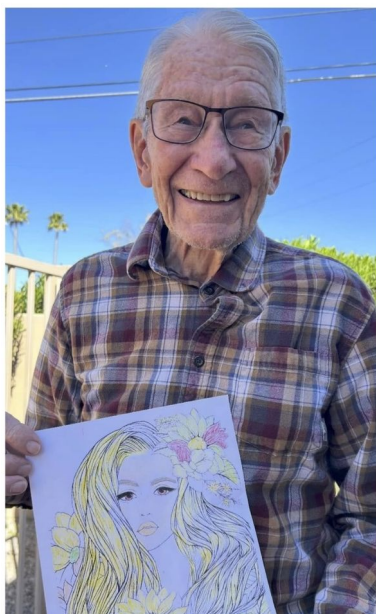
Loving Family Time and Easy Days

Samantha Pereyda grew up under the bright Arizona sun in Tucson, where life has been full of heart. She says that she is still completely amazed that cell phones became a part of everyday life! Samantha's favorite movie was *Interview with a Vampire*, and her first paycheck came from Little Caesars pizzeria. Family has always been Samantha's greatest joy and she has warm memories of camping and swimming with her siblings, Ben and Vanessa, and credits her dad, Ben, for being her biggest supporter and lifelong inspiration. A proud mom of five — Amaya, Shyanne, Bebe, Benjamin, and Mary Jane — Samantha says that watching them grow has been her life's sweetest reward.

These days Samantha loves the cozy life at The Villas, where she says she feels well cared for and enjoys the little things like holiday celebrations, especially New Year's and the 4th of July. And when she's not soaking up family time, you'll probably find her happily getting a fresh manicure — a simple treat for a life well-loved.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				<div>1</div> <div>9:00 Morning Greetings 10:00 Chair Exercises 2:00 May Flowers Coloring</div>	<div>2</div> <div>9:00 Morning Greeting 10:00 Coffee & Donuts 2:00 1-on-1 Tampico</div>	<div>3</div> <div>9:00 Morning Greeting 10:00 Fruit Social with Granola 2:00 Manicures</div>
<div>Individual Villa</div> <div>4</div> <div>9:00 Morning Coffee 10:00 Coloring 2:00 Word Searches</div>	<div>5</div> <div>9:00 Morning Greeting 10:00 Cinco de Mayo BBQ 2:00 Piñata Craft</div>	<div>6</div> <div>9:00 Morning Greeting 10:00 Chair Exercises 2:00 Mandala Tissue Paper Craft</div>	<div>7</div> <div>9:00 Walk Around the Block 10:00 Hydration Station 2:00 Rusty Musical Performance</div>	<div>8</div> <div>10:00 Chair Exercises 11:00 Hydration Station 2:00 Tie Dye Socks</div>	<div>9</div> <div>9:00 Morning Greeting 10:00 Coffee & Donuts 2:00 Planting Flowers</div>	<div>10</div> <div>9:00 Morning Greeting 10:00 Coloring 2:00 BINGO 3:30 Movie & Popcorn</div>
<div>Mother's Day - Individual Villa</div> <div>11</div> <div>9:00 Coffee & Newspaper 10:00 Mother's Day Cards 2:00 Flower Craft</div>	<div>12</div> <div>9:00 Morning Greeting 10:00 Mother's Day Card Craft 2:00 Mother's Day Flower Bouquet</div>	<div>13</div> <div>9:00 Morning Greeting 10:00 Chair Exercises 2:00 Peter Musical Performance</div>	<div>14</div> <div>9:00 Morning Greeting 10:00 Magnets Fun 2:00 Bird Feeder 2:00 Crosswords</div>	<div>15</div> <div>9:00 Morning Greetings 10:00 Paper Flower Wreath 2:00 Chocolate Chip Cookies with Milk</div>	<div>16</div> <div>9:00 Morning Greeting 10:00 Coffee & Donuts 2:00 1-on-1 Tampico</div>	<div>17</div> <div>9:00 Morning Greeting 10:00 Berry Shortcake Social 2:00 Manicures 3:30 UNO</div>
<div>Individual Villa</div> <div>18</div> <div>9:00 Morning Greeting 10:00 Weekly Televised Church Service 11:00 Snack Time 2:00 Music Merriment</div>	<div>19</div> <div>9:00 Morning Greeting 10:00 May Word Scramble 2:00 Charades</div>	<div>20</div> <div>9:00 Morning Greeting 10:00 Chair Exercises 2:00 Box Over Head Passing Game</div>	<div>21</div> <div>9:00 Morning Greeting 10:00 Charades 2:00 Rusty Musical Performance 3:00 Outdoor Watering Plants</div>	<div>22</div> <div>9:00 Morning Walk 10:00 Hydration & Snacks 2:00 Cookie Social</div>	<div>23</div> <div>9:00 Morning Greeting 10:00 Coffee & Donuts with Me & My Gal 2:00 Coloring Craft</div>	<div>24</div> <div>9:00 Morning Greeting 10:00 Ball Toss & Card Games 2:00 BINGO 3:30 Gazebo Plant Watering</div>
<div>Individual Villa</div> <div>25</div> <div>9:00 Morning Greeting 10:00 Weekly Televised Church Service 11:00 Trivia Time 2:00 Outdoor Walk</div>	<div>Memorial Day</div> <div>26</div> <div>9:00 Birthday Greeting 10:00 Birthday Social 2:00 Birthday Celebration</div>	<div>27</div> <div>9:00 Morning Greeting 10:00 Chair Exercises</div>	<div>28</div> <div>9:00 Morning Greeting 10:00 Outdoor Watering Plants 2:00 Rock Painting</div>	<div>29</div> <div>9:00 Morning Greetings 10:00 Puzzles 2:00 Devil's Food Cake Social</div>	<div>30</div> <div>9:00 Morning Greeting 10:00 Coffee & Donuts 2:00 Card Games</div>	<div>31</div> <div>9:00 Morning Greeting 10:00 Hydration & Snacks 2:00 Movie & Popcorn 3:00 One-on-One Time</div>

**Highlights from some of
last month's fun!**



Happy Birthday!

May 3 - Mildred
May 5 - Gordon
May 13 - Douglas
May 13 - Mary
May 15 - Elsie
May 16 - Roberta
May 16 - Samantha
May 22 - Rudolph
May 28 - Walter
May 30 - Janice



Our New Residents!

Charles
Donna
Josephine
Rose Marie
Steve

