

The Villas

at Wilmot

ASSISTED LIVING & MEMORY CARE NEIGHBORHOOD



662 South Wilmot Road, Tucson, AZ 85711 | 520-638-5624 | www.villasatwilmot.com



Employee Spotlight of the Month

Assistant Caregiver Azucena Acuna is a local Tusconan and has been part of our Villas family for two years. Azucena shares that she has been influenced greatly by her grandmother, and when she was young she always dreamed of becoming a good mother so it comes as no surprise that she has established herself working in a nurturing career. Azucena says that she most enjoys being hands-on with the residents, whether playing games, engaging in activities, or assisting with daily routines. Her goal is always aiming to make them smile!

Azucena prides herself for having a caring and devoted nature, and this especially applies towards her own family, which means the world to her. Her family includes her two sons and one daughter, as well as her two older brothers. In her free time, she cherishes spending quality moments with her family, and when looking ahead, Azucena hopes to one day settle down in Las Vegas.






July 2024



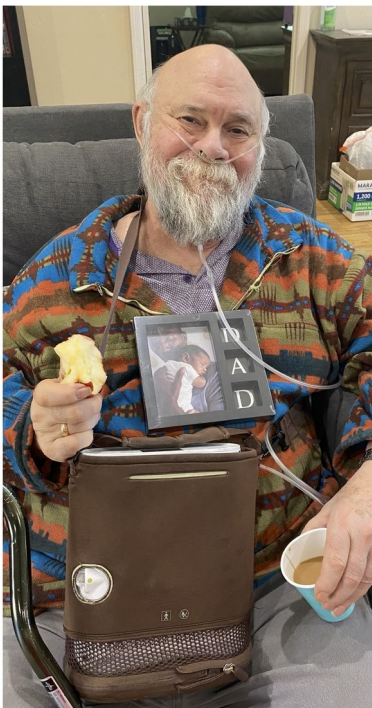
Always Enjoying Life's Simple Pleasures

Dorothea Allen, though she goes by Carol, cherishes fond memories from her childhood in Grand Rapids, Michigan, where she and her siblings enjoyed swimming in the river and admiring the beauty of the trees. Carol says she is influenced greatly by her children, Willi and Tim, who have always been happy, respectful, and funny. Carol says she is incredibly proud of them. Through life's journey and lessons, she has learned to value forgiveness and the importance of laughing at her problems.

At The Villas, Carol delights in getting to know both residents and staff, and offering "happy hugs" to her friends. She most enjoys playing games with her fellow residents and she especially loves the monthly Birthday Social. Listening to music, celebrating holidays, and being surrounded by people are among the simple pleasures that bring her immense joy.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<div>VILLA D 1</div> <div>9:00 Morning Greeting</div> <div>10:00 4th of July Centerpiece Craft</div> <div>1:00 Book Club</div> <div>2:00 Spirit of July Craft</div>	<div>VILLA C 2</div> <div>8:30 Morning Group Walk</div> <div>11:00 July 4th Barbecue</div>	<div>VILLA G 3</div> <div>9:00 Morning Greeting</div> <div>10:00 Plastic Straw Coaster Craft</div> <div>2:00 Patriotic Bookmarks</div>	<div>VILLA E - INDEPENDENCE DAY 4</div> <div>8:30 Morning Group Walk</div> <div>9:30 Hydration Social</div> <div>10:00 Fun-Filled Firecracker Craft</div> <div>2:00 Scientific Patriotic Cocktail</div>	<div>VILLA A 5</div> <div>9:00 Morning Greeting</div> <div>10:00 Coffee & Donuts and Prizes for Punch Cards</div> <div>2:00 Summer Fruit Kabobs</div>	<div>INDIVIDUAL VILLA 6</div> <div>9:00 Morning Coffee & Newspaper</div> <div>10:00 4th of July Coloring</div> <div>2:00 Resident's Choice - Music & Dancing</div>
<div>INDIVIDUAL VILLA 7</div> <div>9:00 Morning Coffee & Newspaper</div> <div>10:00 Puzzles & Board Games</div> <div>2:00 Movie & Popcorn</div>	<div>VILLA F 8</div> <div>9:00 Morning Greeting</div> <div>10:00 Popsicle Greetings</div> <div>1:30 Book Club</div> <div>3:00 Cheerful Cherry Lollipops</div>	<div>VILLA G 9</div> <div>8:30 Morning Group Walk</div> <div>9:30 Hydration Social</div> <div>10:00 Floating Flowers</div> <div>2:00 Music with Frank Ross</div>	<div>VILLA A 10</div> <div>9:00 Morning Greeting</div> <div>10:00 Popsicle Crafts</div> <div>2:00 Stamping Balloon</div>	<div>VILLA C 11</div> <div>8:30 Morning Group Walk</div> <div>9:30 Hydration Social</div> <div>10:00 Yoga on Wheelchairs</div> <div>2:00 Glitter Paper Medals</div>	<div>VILLA E 12</div> <div>9:00 Morning Greeting</div> <div>10:00 Coffee & Donuts and Prizes for Punch Cards</div> <div>2:00 Music with Joe Bucci</div>	<div>INDIVIDUAL VILLA 13</div> <div>9:00 Morning Coffee & Newspaper</div> <div>10:00 Natural Fruit Popsicles</div> <div>2:00 Music for Brain Power</div>
<div>INDIVIDUAL VILLA 14</div> <div>9:00 Morning Coffee & Newspaper</div> <div>10:00 Matching Parents</div> <div>2:00 Dancing Exercises</div>	<div>VILLA D 15</div> <div>9:00 Morning Greeting</div> <div>10:00 Morning Chair Exercises</div> <div>10:30 Hydration Social</div> <div>1:30 Book Club</div> <div>3:00 Manicures</div>	<div>VILLA A 16</div> <div>8:30 Morning Group Walk</div> <div>9:30 Hydration Social</div> <div>10:00 Mini Macaron Charm Craft</div> <div>2:00 Cookie Stacked Giraffe</div>	<div>VILLA E 17</div> <div>9:00 Morning Greeting</div> <div>10:00 Brain Gym</div> <div>10:30 Hydration Social</div> <div>2:00 Self-Steam Flower Craft</div>	<div>VILLA G 18</div> <div>8:30 Morning Group Walk</div> <div>9:30 Hydration Social</div> <div>2:00 Acrylic Flower Vase Craft</div>	<div>VILLA C 19</div> <div>9:00 Morning Greeting</div> <div>10:00 Coffee & Donuts and Prizes for Punch Cards</div> <div>2:00 Celery Stick Critters</div>	<div>INDIVIDUAL VILLA 20</div> <div>9:00 Morning Coffee & Newspaper</div> <div>10:00 Music by Mozart</div> <div>2:00 Movie & Veggie Snacks</div>
<div>INDIVIDUAL VILLA 21</div> <div>9:00 Morning Coffee & Newspaper</div> <div>10:00 Clay Treasure</div> <div>2:00 Movies & Snack</div>	<div>VILLA A 22</div> <div>9:00 Morning Greeting</div> <div>10:00 Brain Exercises</div> <div>1:30 Paint Brush & Music</div> <div>3:00 Banana Split Brownies</div>	<div>VILLA D 23</div> <div>8:30 Morning Group Walk</div> <div>9:30 Hydration Social</div> <div>10:00 Chair Exercises</div> <div>2:00 Lotería for Prizes</div>	<div>VILLA C 24</div> <div>9:00 Morning Greeting</div> <div>10:00 Ball Toss</div> <div>2:00 Flower Picture Frame Craft</div> <div>3:00 Dancing</div>	<div>VILLA E 25</div> <div>8:30 Morning Group Walk</div> <div>9:30 Hydration Social with Fruit Iced Tea</div> <div>2:00 Karaoke</div>	<div>VILLA F 26</div> <div>9:00 Morning Greeting</div> <div>10:00 Coffee & Donuts and Me & My Gal Performance</div> <div>2:00 Celery Stick Critters Social</div>	<div>27</div> <div>9:00 Morning Coffee & Newspaper</div> <div>10:00 Coloring & Puzzles</div> <div>2:00 Music at the Outdoor Gazebo</div>
<div>INDIVIDUAL VILLA 28</div> <div>9:00 Morning Coffee & Newspaper</div> <div>10:00 Board Games</div> <div>2:00 Memory Puzzles</div>	<div>VILLA G 29</div> <div>9:00 Morning Greeting</div> <div>10:00 Brain Gym</div> <div>10:30 Yoga on Wheelchairs</div> <div>1:30 Book Club</div> <div>3:00 Strawberry Stamp Craft</div>	<div>VILLA A 30</div> <div>8:30 Morning Group Walk</div> <div>9:30 Hydration Social</div> <div>10:00 Creative Art - Birthday Cards</div> <div>2:00 Birthday Celebration Social</div>	<div>VILLA E 31</div> <div>9:00 Morning Greeting</div> <div>10:00 Ball Shake</div> <div>2:00 Big Checkers Game</div> <div>3:00 Fruit Bowl Social</div>			

**Highlights from some
of last month's fun!**



Happy Birthday!
July 12 - Barbara
July 12 - Morris
July 15 - Berenice
July 24 - Juan

**Welcome New
Residents!**

Elizabeth
George
Guadalupe
Hermelinda
Karen
Morris
Robert
Severson

