

The Villas

at Wilmot

ASSISTED LIVING & MEMORY CARE NEIGHBORHOOD



662 South Wilmot Road, Tucson, AZ 85711 | 520-638-5624 | www.villasatwilmot.com



Employee Spotlight of the Month

Mara Kobijak's journey as a caregiver at The Villas spans an impressive 13 years, marked by a genuine passion for helping others. Growing up in the vibrant city of Sarajevo, Mara harbored dreams of a theatrical career in her youth, but her calling to care for others ultimately became her first choice. For Mara, every day spent with her residents is a cherished moment filled with warmth and connection. She finds joy in cooking meals, both at work for the residents and during her leisure time. Cooking has been Mara's passion since she was just 7 years old, and her culinary skills bring comfort and delight to those around her.

Outside of work, Mara finds relaxation in the company of her 2 beloved dogs. As the oldest of 5 siblings, Mara values the simple pleasures of watching TV while bonding with her canine companions. Her life is a testament to the power of compassion and the joy found in nurturing others, whether in the kitchen, at work, or within the comfort of her home.







May 2024



Creating Bonds Here at the Villas

Resident Karla Goings hails from the sunny town of Nogales, Arizona, where her childhood was filled with outdoor play and cherished family gatherings. Reflecting on her upbringing, Karla holds dear the memories of outdoor play with her siblings and friends, and being surrounded by the love of her family. Her mother shaped Karla's values and outlook on life, leaving an impactful influence. Throughout her life, Karla explored various career paths, but it was her time as a waitress that truly resonated with her. The hustle and bustle of the restaurant world brought her joy and fulfillment.

Now, at The Villas, Karla finds happiness in spending quality time with fellow residents and caregivers, sharing moments over Coffee & Donuts or engaging at our One-on-Ones. She is known for her ability to maintain a positive outlook. Karla approaches each day with gratitude, finding purpose in helping others and appreciating the connections she builds within her resident community at The Villas.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			<p>1</p> <p>9:00 Morning Newspaper & Coffee 10:00 Dancing Exercises - Villa A 11:00 Aguas Frescas 2:00 Cascarones de Confetti</p>	<p>2</p> <p>9:00 Morning Coffee & News 10:00 Balloon Toss 11:00 Paper Flowers Arts & Crafts - Villa D 2:00 National Harry Potter Day</p>	<p>3</p> <p>9:00 Morning News & Coffee 10:00 Coffee & Donuts Social - Villa E 2:00 Cinco de Mayo Arts & Crafts</p>	<p>4</p> <p>9:00 Morning News 10:00 Coffee on the Gazebo 11:30 Coloring Craft 2:00 Mariachi Music - Individual Villa</p>
<p>5</p> <p>CINCO DE MAYO 9:00 Morning News & Coffee 11:00 Cinco de Mayo Coloring 2:00 Movies & Popcorn - Individual Villa</p>	<p>6</p> <p>9:00 Morning Greeting 10:00 Manicures 11:00 Thank You Letters for the Nurses - Villa F 2:00 National Nurses Day</p>	<p>7</p> <p>9:00 Coffee & Newspaper 10:00 WALK Around the Block 2:00 Music with Frank Ross & GREEN for Childhood Depression Awareness</p>	<p>8</p> <p>9:00 Morning Coffee & Motivation Codes 10:00 Chair Exercise - Villa G 2:00 Flowerpot Decorations for Mother's Day</p>	<p>9</p> <p>9:00 Morning Coffee & News 10:00 WALK Around the Block 11:00 Dancing Social - Villa A 2:00 Mother's Day Arts & Crafts</p>	<p>10</p> <p>9:00 Morning News & Coffee 10:00 Coffee & Donuts Social - Villa B 2:00 Mother's Manicures</p>	<p>11</p> <p>9:00 Morning Coffee & Newspaper 10:00 Mother's Day Coloring 2:00 Movies About Mothers - Individual Villa</p>
<p>12</p> <p>MOTHER'S DAY 9:00 Morning News & Coffee 10:00 Mother's Day Music - Individual Villa</p>	<p>13</p> <p>9:00 Morning Greeting 10:00 Walk Around the Block - Villa E 1:00 Book Club 3:00 Bowling</p>	<p>14</p> <p>9:00 Coffee & Newspaper 10:00 WALK Around the Block 11:00 Hydration Station - Villa A 2:00 Ball Toss</p>	<p>15</p> <p>9:00 Morning Newspaper & Coffee 10:00 Motivations - Villa D 11:00 Exercises & Music 2:00 Ping Pong</p>	<p>16</p> <p>9:00 Morning Coffee & News 10:00 WALK Around the Block 11:00 Hydration Station - Villa B 2:00 Hoop Basketball</p>	<p>17</p> <p>9:00 Morning News & Coffee 10:00 Coffee & Donuts Social - Villa F 2:00 Ball Toss</p>	<p>18</p> <p>9:00 Morning Coffee & Newspaper 10:00 Armed Forces Day Coloring 2:00 I Love Reese's Day - Individual Villa</p>
<p>19</p> <p>9:00 Morning News & Coffee 10:00 Puzzles & Coloring 1:30 Movies & Snacks - Individual Villa</p>	<p>20</p> <p>9:00 Morning Greeting 10:00 Dancing Exercises - Villa G 1:00 Book Club 2:00 Lotería for Prizes</p>	<p>21</p> <p>9:00 Coffee & Newspaper 10:00 WALK Around the Block - Villa F 11:00 Hydration Station 2:00 Manicures</p>	<p>22</p> <p>9:00 Morning Newspaper & Coffee 10:00 Exercises & Music 11:00 Hydration Station - Villa C 2:00 Memorial Day Arts & Crafts</p>	<p>23</p> <p>9:00 Morning Coffee & News 10:00 WALK Around the Block - Villa E 2:00 Balloon Baseball</p>	<p>24</p> <p>9:00 Morning News & Coffee 10:00 Coffee & Donuts Social and Me & My Gal - Villa A 2:00 BBQ Memorial Day Celebration</p>	<p>25</p> <p>9:00 Morning Coffee & Newspaper 10:00 Puzzles & Board Games 1:00 Movies & Popcorn - Individual Villa</p>
<p>26</p> <p>9:00 Morning News & Coffee 10:00 Board Games 2:00 Movies & Popcorn - Individual Villa</p>	<p>27</p> <p>MEMORIAL DAY 9:00 Morning Coffee & Newspaper 10:00 Chair Exercise - Villa E 1:00 Book Club 2:00 Fruit Bowl Social</p>	<p>28</p> <p>9:00 Coffee & Newspaper 10:00 WALK Around the Block 11:00 Hydration Station 2:00 Pass the Potato - Villa C</p>	<p>29</p> <p>9:00 Morning Newspaper & Coffee 10:00 Bean Bag 11:00 Hydration Station - Villa D 2:00 End of the Month Birthday Celebration</p>	<p>30</p> <p>9:00 Morning Coffee & News 10:00 Music & Exercises - Villa F 12:00 World Day MS Awareness (ORANGE Day)</p>	<p>31</p> <p>9:00 Morning News & Coffee 9:30 WALK to Villa G 10:00 Coffee & Donuts Social 2:00 Ball Shake</p>	

Highlights from some of last month's fun!



Happy Birthday!
May 5 - Sandra
May 10 - Robyn
May 11 - Joseph

Welcome New Residents!
Alison
Priscilla
William B.
William T.

