

The Villas at Wilmot

ASSISTED LIVING & MEMORY CARE NEIGHBORHOOD



662 South Wilmot Road, Tucson, AZ 85711 | 520-638-5624 | www.villasatwilmot.com



Employee Spotlight of the Month

Dedicated caregiver Shawna Thompson brings a compassionate touch to her role here at The Villas. Originally from McMinnville, Oregon, Shawna once harbored dreams of becoming a police officer, but later found her true calling in caring for others. Her genuine warmth and empathy shine through as she strives to make people smile and feel comfortable, whether it's through leisurely walks with the residents or engaging in games that foster connection and camaraderie. Shawna cherishes the opportunity to learn from the residents, recognizing that they have enriched her life and made her a better person.

Outside of her caregiving duties, Shawna finds solace in the companionship of her beloved dog, Leila, and enjoys spending time hiking, long-boarding, and making memories with friends. With aspirations of furthering her career in healthcare, Shawna hopes to become a RN or EMT in the future, driven by her passion for helping others.



June 2024



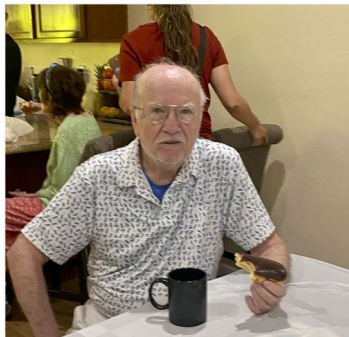
Inspired by Family And Friendships

While learning more about resident Barbara Champion's life, she says that it has been shaped by the many places she has called home during her upbringing, but it was her father who left the deepest imprint on her life. Reflecting on the 1960s, Barbara recalls the fashion trends, with short skirts standing out as one of the weirdest fads of the time! Among her favorite things, *Gone With The Wind* holds a special place in her heart. Love found its way to Barbara when her cousin introduced her to her future husband, Duane. Together, they raised four children—Jane, Jennifer, Rebekah, and Duane Jr.—whom Barbara holds as her greatest source of pride. She values their individuality, celebrating their unique paths in life. Barbara's advice to others centers on forgiveness.

At The Villas, Barbara finds joy in getting to know everyone and cherishes the camaraderie during dinner time when everyone gathers together. Barbara says that celebrating holidays in the neighborhood brings her immense happiness, filling the air with laughter and joy as the community comes together in unity and celebration.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <div>2</div> <div>9:00 Morning Coffee & Newspaper 10:00 Music Outdoors - Gazebo 1:00 Movie & Popcorn - Individual Villa</div>	 <div>3</div> <div>9:00 Morning Greeting 10:00 Senior Shape Fitness - Villa F 1:30 Book Club 3:00 National Egg Day</div>	 <div>4</div> <div>9:00 Morning Group Walk & Hydration 10:00 Brain Gym Hands - Villa D 2:00 Music with Joe Bucci</div>	 <div>5</div> <div>9:00 Morning Greeting 10:00 Flowing Exercises - Villa A 2:00 Art / Crafts & Cherry Lollipops</div>	 <div>6</div> <div>9:00 Morning Group Walk & Hydration 1:00 Brain Exercises to Improve Memory - Villa G 2:00 National YoYo Concentration Fun</div>	 <div>7</div> <div>9:00 Morning News & Coffee 10:00 National Donuts Day - Villa E 2:00 BINGO for Prizes</div>	<div>1</div> <div>9:00 Morning Coffee & Newspaper 10:00 Group Greeting - Gazebo 1:00 Memory Puzzles and Coloring</div>
<div>9</div> <div>9:00 Morning Coffee & Newspaper 1:00 Movie & Snacks - Individual Villa</div>	<div>10</div> <div>9:00 Morning Greeting 10:00 Yoga to Ease Achy Muscles - Villa C 1:30 Book Club 3:00 Pass the Potato</div>	<div>11</div> <div>9:00 Morning Group Walk & Hydration 10:00 Painting with Music 2:00 Baseball Balloon - Villa A</div>	<div>12</div> <div>9:00 Morning Greeting 10:00 Brain Gym - Villa F 2:00 Music with Rusty</div>	<div>13</div> <div>9:00 Morning Group Walk & Hydration 10:00 Plastic Bottle Flower Vase Craft - Villa D 2:00 Hoop Basketball</div>	<div>14</div> <div>Flag Day 9:00 Morning News & Coffee 10:00 Coffee & Donuts Games - Villa B 2:00 Father's Day Crispy Mover Treat</div>	<div>8</div> <div>9:00 Morning Coffee & Newspaper 10:00 Residents' Choice Board Games 2:00 Dancing to Residents' Choice of Music</div>
<div>16</div> <div>Happy Father's Day 9:00 Morning Coffee & Newspaper</div>	<div>17</div> <div>9:00 Morning Greeting 10:00 Clay Modeling Art - Villa G 1:30 Book Club 3:00 Balloon Stamping</div>	<div>18</div> <div>9:00 Morning Group Walk & Hydration 10:00 Paper Spinner Crafts 2:00 Fruit Bowl Social and Music with Frank Ross - Villa C</div>	<div>19</div> <div>Juneteenth 9:00 Morning Greeting 10:00 Brain Exercises to Strengthen the Mind - Villa E 2:00 Folded Paper Umbrella Art Project</div>	<div>20</div> <div>Summer Begins 9:00 Morning Group Walk & Hydration 10:00 Art Wall Hanging Craft - Villa A 2:00 Dancing - Residents' Choice of Music</div>	<div>21</div> <div>9:00 Morning News & Coffee 10:00 Coffee & Donuts and Music with Me & My Gal - Villa B 2:00 Pass the Potato</div>	<div>15</div> <div>9:00 Morning Coffee & Newspaper 11:00 Popsicle Refreshments 1:30 UNO and Dominoes - Individual Villa</div>
<div>23</div> <div>9:00 Morning Coffee & Newspaper 10:00 Music Outdoors - Gazebo 2:00 Clay Art - Individual Villa</div>	<div>24</div> <div>9:00 Morning Greeting 10:00 Ball Toss 1:30 Book Club 3:00 Fruit Cone Social - Villa D</div>	<div>25</div> <div>9:00 Morning Group Walk & Hydration 11:00 Sandpaper Painting 2:00 Karaoke - Villa F</div>	<div>26</div> <div>9:00 Morning Greeting 10:00 Brain Gym / Hands - Villa B 11:00 Birthday Gift Cards 2:00 Birthday Social & Music with Rusty</div>	<div>27</div> <div>9:00 Morning Group Walk & Hydration 10:00 Flowing Exercises 2:00 Sing Along - Villa E</div>	<div>28</div> <div>9:00 Morning News & Coffee 10:00 Coffee & Donuts Games - Villa B</div>	<div>29</div> <div>9:00 Morning Coffee & Newspaper 11:00 Coloring for Memory 2:00 Residents' Choice Puzzles - Individual Villa</div>
<div>30</div> <div>9:00 Morning Coffee & Newspaper 11:00 Music for Brain Power (Mozart) 1:00 Movie & Snacks - Individual Villa</div>						

**Highlights from some
of last month's fun!**



Happy Birthday!
June 1 - Esperanza
June 8 - Dorothea
June 10 - Alison
June 14 - Priscilla

**Welcome New
Residents!**

*Dwayne
Guadalupe
Robert
Scott*

