

The Villas at Wilmot

ASSISTED LIVING & MEMORY CARE NEIGHBORHOOD



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Employee Spotlight of the Month

Caregiver Assistant Viviana Anezquita Sepulveda has been part of our Villas family for one year. She grew up in Santa Sonora, Mexico before making a home in Arizona. As a child, Viviana dreamed of pursuing a career in criminology, however, she became strongly influenced by her mother who was providing in-home caregiving, so she shifted paths. Viviana loves to be there to support our residents and put a smile on their faces. She shared that recently she encountered a special moment while Spanish music was playing, so she asked two of her residents to dance and sing. She says, "Their smiles and laughs were priceless." When spending time with the residents, Viviana likes to be in the mix, dancing and exercising right alongside them.

When Viviana is at home, she focuses as much time as possible on her family, which includes her 4 daughters. Viviana says that she wants people to know that her philosophy is to never give up, even when times are challenging. Thank you Viviana for your dedication to all!



March 2024



Always Living & Learning at the Villas

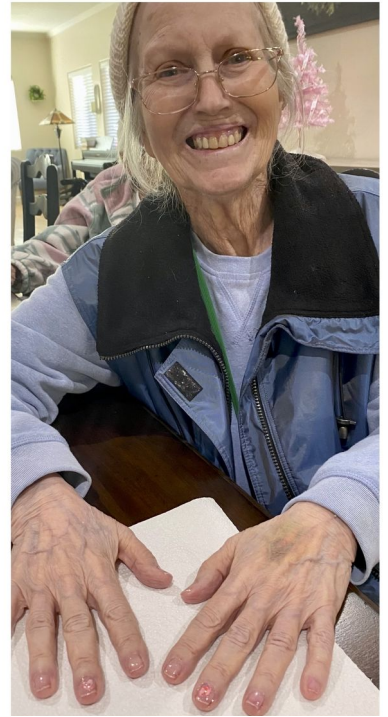
Our fabulous resident Judith Hinton grew up in St. John's on Newfoundland Island off Canada's Atlantic coast. She says, "We were on top of a mountain with snow. I remember sliding down to go fishing." As a child her favorite film was *The Wizard of Oz*, her first job was babysitting, but she most enjoyed working as a summer camp counselor, assisting campers with special needs. Judith says her mother was a hard worker and that she was also influenced by both grandmothers who taught her to cook and bake. She has learned the importance of patience and hopes people know to be kind to others and to themselves. Judith says that the greatest day of her life was when her daughter was born.

Here at The Villas she enjoys the many opportunities to meet people & play games, and she also learns about other cities, cultures, and languages through the other residents. Viviana never slows down here because she loves parties, music events and doing various crafts.

March 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						
<p>9:00 Morning Coffee & News 10:00 Puzzles & Coloring 1:00 Afternoon Music - Individual Villa</p>	<p>9:00 Morning News 10:00 Music Exercise - Villa C 2:00 Manicures - Villa G</p>	<p>9:00 Morning Coffee & Walk 10:00 Dance - Villa A 2:00 Arts & Crafts - Villa E</p>	<p>9:00 Morning Newspaper & Coffee 2:00 Ball Toss - Villa C</p>	<p>9:00 Morning Coffee & News 10:00 Chair Exercise - Villa D 2:00 Frank Ross - Villa F</p>	<p>9:00 Morning Newspaper 10:00 Coffee & Donuts Social - Villa D 2:00 Popcorn & Movie - Villa F</p>	<p>9:00 Morning Coffee & Outside Walks 1:00 Movie & Snacks - Individual Villa</p>
<p>9:00 Morning Coffee & News 10:00 Puzzles & Pondering</p>	<p>9:00 Morning News 10:00 Morning Stretch & Yoga - Villa F 2:00 Manicures</p>	<p>9:00 Morning Coffee & Outside Walks 2:00 St. Patrick's Games - Villa E</p>	<p>9:00 Morning Newspaper & Coffee 10:00 Dancing Exercise - Villa E 2:00 Penny Pitching Game - Villa G</p>	<p>9:00 Morning Coffee & News 2:00 St. Patrick's Gift Cards - Villa A</p>	<p>9:00 Morning Newspaper 10:00 Coffee & Donuts Social - Villa B 2:00 Popcorn & Movie - Individual Villa</p>	<p>9:00 Morning Newspaper 10:00 Resident's Choice of Music - Individual Villa 1:00 Movie & Snacks - Individual Villa</p>
<p>ST. PATRICK'S DAY 9:00 Morning Coffee & News 1:00 St. Patrick's Day Snacks & Music - Villa D</p>	<p>9:00 Morning Coffee & Newspaper 2:00 Easter Manicures - Villa B</p>	<p>9:00 Morning News & Coffee 10:00 Volleyball - Villa C 2:00 Lotería - Villa G</p>	<p>9:00 Morning Newspaper & Coffee 2:00 Spring Arts & Crafts - Villa F</p>	<p>9:00 Morning Coffee & News 10:00 Morning Walks 2:00 Karaoke - Villa A</p>	<p>9:00 Morning Newspaper 10:00 Coffee & Donuts Social - Villa A 2:00 BINGO - Villa G</p>	<p>9:00 Morning Coffee & Newspaper 1:00 Movie & Snacks - Individual Villa</p>
<p>PALM SUNDAY 9:00 Morning Coffee & News 1:00 Afternoon Movies & Snacks - Individual Villa</p>	<p>9:00 Morning News 10:00 Music Exercise - Villa F 2:00 March Craft - Villa E</p>	<p>9:00 Morning News 10:00 March Paint By Numbers - Villa A 2:00 Ice Cream Social - Villa D</p>	<p>9:00 Morning Newspaper & Coffee 10:00 Easter Arts & Crafts - Villa A 2:00 Easter Gift Cards Decorations - Villa C</p>	<p>9:00 Morning Coffee & News 10:00 Morning Yoga - Villa G 2:00 Birthday Party Social - Villa A</p>	<p>9:00 Morning Newspaper 10:00 Coffee & Donuts Social 2:00 Popcorn & Movie</p>	<p>9:00 Morning Walks & Yoga 1:00 Movie & Snacks - Individual Villa</p>
<p>EASTER SUNDAY 9:00 Morning Coffee & News 1:00 Egg Hunting</p>						

Highlights from some of last month's fun!



Happy Birthday!
 March 5 - Ronald
 March 12 - Margaret
 March 13 - Kathryn
 March 14 - Norman
 March 17 - Kathryn
 March 18 - Stephen
 March 28 - Jackson



Welcome to Our New Residents!

Ahmad
 Rose
 Sonya
 Wilmer

