

The Villas at Wilmot

ASSISTED LIVING & MEMORY CARE NEIGHBORHOOD



662 South Wilmot Road, Tucson, AZ 85711 | 520-638-5624 | www.villasatwilmot.com



Employee Spotlight of the Month

Tucson native and certified caregiver Nashell Andrade has been working at The Villas for over 1 year. Nashell always dreamed of becoming a teacher or a nurse, but was influenced to pursue this career by her grandmother who had Alzheimer's. Nashell says that taking care of her residents and making sure they are well cared for daily is what she enjoys most. Nashell especially enjoys quality time conversing with the residents and learning about their children and grandchildren. She also cherishes moments when they bake sweets together and tell jokes.

Nashell focuses on her own family when she is away from work. She has 2 beautiful daughters, both under the age of 2 that keep her on her toes! Her family also includes her 3 siblings and "the best hard-working mother." Nashell admits that she loves to shop and she enjoys a nice glass of whiskey on occasion. Her goal in life is to be the best mother to her girls.



February 2024







Loving Family And the Little Things

Resident Sidney Darling has always enjoyed the simple things in life. As a child, he and his siblings loved playing board games and his favorite movie was *Tarzan*. Sidney's first job was a paper route, but shares that his favorite job was doing yard work for his neighbors. He met his future wife in a church youth meeting and says it was love at first sight. He and Fannie Mae had a small wedding with family and friends and he says that was the best day of his life! Sidney's loving family includes his three daughters; Debbie, Kathy, and Ruth.

Here at The Villas, Sidney enjoys reading good books, visits from family, and baseball games. He loves going on walks in the neighborhood and sitting at the gazebo. When talking about what he likes best about living here, he says, "The way the caregivers look after me. They make sure I am well." Be sure to join Sidney for a stroll in the neighborhood or spend some quality time with him visiting at the gazebo!

February 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					Groundhog Day	
9:00 Morning Coffee & News 10:00 Residents' Choice of Puzzles & Pondering 1:00 Afternoon Movie - Individual Villa	9:00 Morning News and Coffee 10:00 Morning Stretch & Yoga - Villa E 2:00 Creative Art - Individual Villa	9:00 Morning Coffee & Outside Walks 10:00 Resident's Choice of Music and Painting - Villa E	9:00 Morning Newspaper & Coffee 10:00 Morning Walk & Chair Yoga - Villa D 2:00 BINGO - Villa C	9:00 Morning Walks 10:00 Morning Puzzles - Villa F 2:00 Karaoke - Villa E	9:00 Morning Newspaper 10:00 Coffee & Donuts Social - Villa B 2:00 Popcorn & Movie - Villa C	9:00 Morning News 10:00 Residents' Choice of Music - Individual Villa 2:00 Movie & Snacks - Individual Villa
9:00 Morning Coffee & News 10:00 Residents' Choice of Puzzles & Pondering 1:00 Afternoon Movie - Individual Villa	9:00 Morning News and Coffee 10:00 Morning Stretch & Music - Villa E 2:00 Tie the Knot Crafts - Villa F	Mardi Gras 10:00 Morning News and Coffee 2:00 Resident's Choice Movie & Snacks - Individual Villa	Valentine's Day 9:00 Morning Newspaper & Coffee 10:00 Morning Walk & Chair Yoga - Villa F 2:00 Valentine's Social - Villa E	10:00 Morning Walks & Coffee 2:00 Afternoon Ball Toss & Hydration Station - Villa D	9:00 Morning Newspaper 10:00 Coffee & Donuts Social - Villa E 2:00 Popcorn & Movie - Villa D	9:00 Morning News 10:00 Residents' Choice of Music - Individual Villa 2:00 Movie & Snacks - Individual Villa
9:00 Morning Coffee & News 10:00 Residents' Choice of Puzzles & Pondering 1:00 Afternoon Movie - Individual Villa	Presidents Day 9:00 Morning Walks and Coffee 10:00 Volleyball - Villa G 2:00 Arts & Snacks - Villa D	9:00 Morning Coffee & News 10:00 Manicures - Individual Villa 2:00 Creative Art - Villa B	9:00 Morning Walks & Coffee 10:00 Creative Art - Villa F 2:00 Music & Snacks - Villa E	9:00 Morning Walks & News 10:00 Chair Yoga - Villa D 2:00 Cheese & Cracker Social - Villa B	10:00 Music with Me & My Gal and Coffee & Donuts - Villa A 2:00 Popcorn & Movie - Villa B	9:00 Morning News 10:00 Residents' Choice of Music - Individual Villa 2:00 Movie & Snacks - Individual Villa
9:00 Morning Coffee & News 10:00 Residents' Choice of Puzzles & Pondering 1:00 Afternoon Movie - Individual Villa	9:00 Morning News and Coffee 10:00 Morning Stretch & Yoga - Villa E 2:00 Creative Art - Individual Villa	9:00 Morning News and Coffee 10:00 Ball Toss - Villa A 2:00 Ice Cream Social - Villa F	9:00 Morning Newspaper & Coffee 10:00 Morning Walk & Chair Yoga - Villa D 2:00 BINGO - Villa C	9:00 Morning Newspaper & Coffee 2:00 End of the Month Celebration - Villa F		

Highlights from some of last month's fun!



Happy Birthday!
 February 2 - Mariann
 February 2 - Paula
 February 14 - Violeta
 February 28 - Joan

Welcome New Residents!
 George
 Kayla
 Lois

