

The Villas at Wilmot

ASSISTED LIVING & MEMORY CARE NEIGHBORHOOD



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Employee Spotlight of the Month

Assistant caregiver Roberta Cruz has been a cherished part of The Villas for over a year. Hailing from Tucson, Roberta found her calling in caregiving after the profound experience of tending to both of her parents. Her commitment is fueled by her dedication to the residents and she says, "I love to be around our residents and getting to know them." Roberta recently shared a special moment with a resident while celebrating a birthday. The resident playfully sprayed Roberta with some silly string, and then Roberta sprayed her back. They both laughed and hugged, enjoying the fun occasion.

Roberta is incredibly devoted to her family. During her time away from work, she most enjoys spending time with her kids and grandkids because they always brighten her days. Roberta's aspirations reach beyond her current role, as she dreams of one day owning her own care home, or a home for young adults with disabilities. With her warm spirit and genuine care, Roberta continues to create connections within our Villas community.



January 2024



A Resident as Bright as the Sun

Nellie McClead, a warm and spirited soul, hails from the quaint town of Kaw City, Oklahoma. Nellie recalls living on a big farm with her family, and remembers playing basketball in high school with her friends and siblings. She shares, "That was always fun and exciting, especially when my team would win." In the heart of her home, her mother imparted the art of cooking homemade meals. Marriage led Nellie into the life of a homemaker, and her journey with a military family took her to distant lands, including France, the Philippines, and various corners of the United States. Nellie became a proud mother to Beth and Stephen, then the family expanded with the arrival of a grandson and 2 great-grandchildren, each one a source of immeasurable happiness. Here at The Villas, Nellie finds joy and companionship in sharing her days with other residents. Nellie most enjoys our outdoor activities, because she loves to enjoy the sunshine, and she herself radiates sunshine to those around her!

January 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	New Year's Day 1 9:00 Morning Coffee & News 1:30 Puzzles & Pondering - Individual Villa	2 9:00 Morning Walk Warm Up 10:00 Ball Toss - Villa D 11:00 Hydration Station - Villa D 2:00 Creative Art & Snacks - Villa G	3 9:00 Morning Newspaper & Coffee 9:30 Sit & Get Fit - Villa D 1:30 Afternoon Art Painting - Villa C	4 9:00 Morning News 10:00 Manicules - Villa F 2:00 Paint by Numbers - Villa D	5 9:00 Morning News 10:00 Coffee & Donuts Social - Villa G 1:30 Movies & Snack - Villa E	6 9:00 Morning News 10:00 Residents' Choice of Music - Individual Villa 2:00 Movie & Snacks - Individual Villa
7 9:00 Morning Coffee & News 10:00 Residents' Choice of Puzzles & Pondering 1:00 Afternoon Movie - Individual Villa	8 9:00 Morning Walks and Coffee 9:30 Sit & Get Fit - Villa E 10:00 Hydration Station - Villa E 2:00 Volleyball & Music - Villa B	9 9:00 Morning Coffee & News 10:00 Morning Trivia - Villa D 1:30 Ice Cream Social - Villa E	10 9:00 Morning Newspaper & Coffee 9:30 Sit & Get Fit - Villa G 2:00 Country Music with Rusty - Villa C	11 9:00 Morning News & Coffee 10:00 Chair Yoga - Villa F followed by Hydration 2:00 BINGO - Villa E	12 9:00 Morning News 10:00 Coffee & Donuts Social - Villa D 1:30 Movies & Snack - Villa G	13 9:00 Morning News 10:00 Residents' Choice of Music - Individual Villa 2:00 Movie & Snacks - Individual Villa
14 9:00 Morning Coffee & News 10:00 Residents' Choice of Puzzles & Pondering 1:00 Afternoon Movie - Individual Villa	Martin Luther King Jr. Day 15 9:00 Morning Walks and Coffee 9:30 Sit & Get Fit - Villa E 1:00 Martin Luther King Social - Villa C	16 9:00 Coffee & Music 10:00 Creative Art - Villa D followed by Hydration & Snacks 2:00 Residents' Choice of Crafts - Villa B	17 9:00 Morning Newspaper & Coffee 9:30 Sit & Get Fit - Villa E 2:00 Penny Pitching Game - Villa D	18 9:00 Morning News & Newspaper 10:00 Morning Stretch - Villa B 2:00 Braided Key Chains - Villa E	19 9:00 Morning News 10:00 Coffee & Donuts Social - Villa F 1:30 Movies & Snack - Villa E	20 9:00 Morning News 10:00 Residents' Choice of Music - Individual Villa 2:00 Movie & Snacks - Individual Villa
21 9:00 Morning Coffee & News 10:00 Residents' Choice of Puzzles & Pondering 1:00 Afternoon Movie - Individual Villa	22 9:00 Morning News and Coffee 9:30 Sit & Get Fit - Villa F 2:00 Manicules - Villa D	23 9:00 Coffee & Music 10:00 Creative Art - Villa D followed by Hydration & Snacks 2:00 Painted Bubbles - Villa G	24 9:00 Morning Newspaper & Coffee 9:30 Sit & Get Fit - Villa G followed by Hydration 2:00 Music with Rusty - Villa E	25 9:00 Morning News 10:00 Volleyball - Villa E 2:00 Music & Crafts - Villa D	26 9:00 Morning News 10:00 Coffee & Donuts Social and Me & My Gal Performance 1:30 Movies & Snack - Villa B	27 9:00 Morning News 10:00 Residents' Choice of Music - Individual Villa 2:00 Movie & Snacks - Individual Villa
28 9:00 Morning Coffee & News 10:00 Residents' Choice of Puzzles & Pondering 1:00 Afternoon Movie - Individual Villa	29 9:00 Morning Newspaper 9:30 Sit & Get Fit - Villa G 2:00 Karaoke - Villa E	30 9:00 Morning Coffee & Newspaper 10:00 Ball Toss - Villa B 2:00 Creative Art (Birthday Cards) - Villa E	31 9:00 Morning Walk & Coffee 9:30 Sit & Get Fit - Villa D 2:00 End of the Month Birthday Social - Villa C			

Highlights from some of last month's fun!



Happy Birthday!
January 11 - Robert
January 20 - Kenneth
January 21 - Cheryl
January 23 - Rita
January 28 - Steve

Welcome New Residents!
Jose
Rita
Ronald

