

The Villas

at Wilmot

ASSISTED LIVING & MEMORY CARE NEIGHBORHOOD



662 South Wilmot Road, Tucson, AZ 85711 | 520-638-5624 | www.villasatwilmot.com



Employee Spotlight of the Month

One of our more recent additions to The Villas family is assistant caregiver Carolina Miranda. Carolina has been part of our family for 5 months and works the day shift. She is a native of Tucson, and graduated from Desert View High School. While growing up, she dreamed of becoming a registered nurse, so it comes as no surprise that she is dedicated to caring for others. Carolina says that her mother has been the biggest influence in her life.

When working with the residents, Carolina says that the daily personal interactions make the job so rewarding. She loves building relationships, assisting with residents' needs, and the occasional hug! More than anything, she says she loves to hear about their personal life stories. Even when away from work, Carolina never slows down because she has an additional job working at a restaurant. When she does make time for herself, she enjoys adventuring in the great outdoors, especially with her close friends. Thank you Carolina for your dedication and hard work!



January 2023




Independent and Fabulous

From an early age, Carla Goings prided herself on being an independent and strong woman. She was excited to land her first job at the age of 15, working as a clerk at Walgreens in Nogales, Arizona. Even though Carla loved to work, she always cherished time spent with her 2 older sisters. Carla says that the best day of her life was when she married Horace Hicks, and still to this day, her husband and her friends bring her the most joy in life.

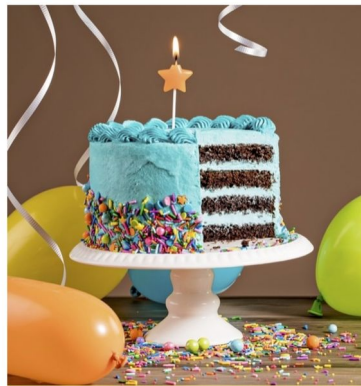
Carla is very active and outgoing here at The Villas. She most enjoys listening to tunes during our music socials and chatting with neighbors during our Coffee and Donuts gathering on Fridays. Carla appreciates both her fellow residents and our staff and she says, "I love the staff and the care that they give me. I love that I feel comfortable living here and feeling loved by others."

We love having you as a part of our neighborhood Carla! Thank you for sharing your days with us.

January 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
New Year's Day 1 9:00 Morning Newspaper 10:00 Resident's Choice of Music - Individual Villa 2:00 Active Minds - Resident's Choice of Reading	2 9:00 Morning Walk & Newspaper - Individual Villa 10:00 Sit & Get Fit with Christina - Villa E	3 9:00 Morning Walk & Newspaper - Individual Villa 10:00 Manicures - Villa E 2:00 Crafts - Villa D	4 9:00 Morning Walk & Newspaper - Individual Villa 10:00 Sit & Get Fit with Christina - Villa E 2:00 Music with Rusty Ford - Villa C	5 9:00 Morning Walk & Newspaper - Individual Villa 10:00 Travelogue Puzzle - Villa F 2:00 BINGO - Villa E	6 9:00 Morning Walk & Newspaper - Individual Villa 10:00 Coffee & Donuts Social - Villa C 2:00 Popcorn & Movie - Villa D	7 9:00 Morning Music & Newspaper 10:00 Resident's Choice Creative Art - Individual Villa 2:00 Popcorn & Movie - Individual Villa
8 9:00 Morning Newspaper 10:00 Resident's Choice of Music - Individual Villa 2:00 Active Minds - Resident's Choice of Reading	9 9:00 Morning Walk & Newspaper - Individual Villa 10:00 Sit & Get Fit with Christina - Villa E	10 9:00 Morning Walk & Newspaper - Individual Villa 10:00 Morning Music outside the Gazebo	11 9:00 Morning Walk & Newspaper - Individual Villa 10:00 Sit & Get Fit with Christina - Villa E	12 9:00 Morning Walk & Newspaper - Individual Villa 10:00 Manicures - Villa F 2:00 Ice Cream Social - Villa E	13 9:00 Morning Walk & Newspaper - Individual Villa 10:00 Coffee & Donuts Social - Villa C 2:00 Popcorn & Movie - Villa E	14 9:00 Morning Music & Newspaper 10:00 Resident's Choice Creative Art - Individual Villa 2:00 Popcorn & Movie - Individual Villa
15 9:00 Morning Newspaper 10:00 Resident's Choice of Music - Individual Villa 2:00 Active Minds - Resident's Choice of Reading	Martin Luther King Jr. Day 16 9:00 Morning Walk & Newspaper - Individual Villa 10:00 Sit & Get Fit with Christina - Villa E 2:00 MLK Social - Villa F	17 9:00 Morning Walk & Newspaper - Individual Villa 10:00 Manicures - Villa D 2:00 Cheese & Cracker Social - Villa D	18 9:00 Morning Walk & Newspaper - Individual Villa 10:00 Sit & Get Fit with Christina - Villa E 2:00 Music with Rusty Ford - Villa C	19 9:00 Morning Walk & Newspaper - Individual Villa 10:00 Bean Bag Toss - Villa E	20 9:00 Morning Walk & Newspaper - Individual Villa 10:00 Coffee & Donuts Social - Villa C 2:00 Popcorn & Movie - Villa F	21 9:00 Morning Music & Newspaper 10:00 Resident's Choice Creative Art - Individual Villa 2:00 Popcorn & Movie - Individual Villa
22 9:00 Morning Newspaper 10:00 Resident's Choice of Music - Individual Villa 2:00 Active Minds - Resident's Choice of Reading	23 9:00 Morning Walk & Newspaper - Individual Villa 10:00 Sit & Get Fit with Christina - Villa E 2:00 Chinese New Year Social - Villa D	24 9:00 Morning Walk & Newspaper - Individual Villa 10:00 Painting Craft - Villa F	25 9:00 Morning Walk & Newspaper - Individual Villa 10:00 Sit & Get Fit with Christina - Villa E	26 9:00 Morning Walk & Newspaper - Individual Villa 10:00 Ball Toss - Villa D	27 9:00 Morning Walk & Newspaper - Individual Villa 10:00 Coffee & Donuts Social - Villa C 2:00 Popcorn & Movie - Villa D	28 9:00 Morning Music & Newspaper 10:00 Resident's Choice Creative Art - Individual Villa 2:00 Popcorn & Movie - Individual Villa
29 9:00 Morning Newspaper 10:00 Resident's Choice of Music - Individual Villa 2:00 Active Minds - Resident's Choice of Reading	30 9:00 Morning Walk & Newspaper - Individual Villa 10:00 Sit & Get Fit with Christina - Villa E	31 9:00 Morning Walk & Newspaper - Individual Villa 10:00 Manicures - Villa E 2:00 Birthday Celebration - Villa G				

Highlights from some of
last month's fun!



Happy Birthday!
January 1 - Robert W.
January 11 - Robert M.
January 15 - Carl
January 17 - Guadalupe
January 21 - Cheryl



**Welcome to Our
New Residents!**

*Elsa
Susan*

